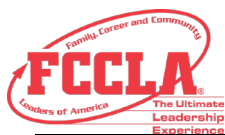


FCCLA Lesson Plan: Finding the Right STAR Event for YOU!

Topic: STAR Event Exploration
Grade Level: Any
Timeframe: 2, 50 minute class periods
FCCLA National Program(s) Integration: None
FCCLA STAR Event Integration: All
Learning Objectives: Identify the four career pathways of FCS/FCCLA. Connect personal preferences with career pathways and competitive events.
National FCS Standards: 1.2 Demonstrate transferable knowledge, attitudes, and technical and employability skill in school, community, and workplace settings.

Materials Needed: (copies or post on LMS) • What Interests You? Inventory (access here) • Career Pathway QUIZ (access here) • Career Exploration Through FCCLA Handout (found in the Portal) • Explore Career Pathways Through FCCLA Competitive Events Handout (found in the Competitive Events Guide) • Access to the STAR Event Manual (found in the portal) • Planning Process Worksheet (found in the Portal)
Instructional Strategies: • Individual study: brainstorming, • Interactive instruction: open discussion, think-pair-share, 4 corners • Direction Instruction: lecture, handout • Indirect instruction: discover, guided inquiry, decision making



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Activity 1: 30 Second Pitch + Brainstorm a List

Timeframe: 10 minutes

Remind students what STAR events stand for. Review what they are doing, which is a quick 30 second elevator speech about them themselves. Also, discuss the benefits of the competition. (You could do this or have a student(s) who have competed do this)

Students should work to create a list of STAR Events currently offered. (Think-Pair-Share)

Students should work to recall the 4 FCS/FCCLA career pathways.

(Optional) Show: <https://youtu.be/36cfSbQSFJw> (FCCLA Career Pathway Intro Video)

Activity 2: Career Pathway Assessments

Timeframe: 30 minutes

Ask: What do you want to be when you grow up?

Answer: Before deciding on your profession, consider your passion. To help you navigate exploring careers, reflect on all the ways FCCLA provides students with college and career readiness skills: your lessons learned from competing in STAR Events, memories made from holding officer positions, and employability skills strengthened from participating in Family and Consumer Sciences classes.

Students should first take the [What Interest You? Inventory](#). (This assessment has students indicate what they are into and then ranks the career pathways based on their interests). Score them and discuss as needed.

Students should take the [Career Pathways Quiz](#). (This assessment associates students with career pathways based on various statements. They rank them according to 1, Strongly Disagree | 2, Disagree | 3, Neither Agree nor Disagree | 4, Agree | 5, Strongly Agree.) Score them and discuss as needed.

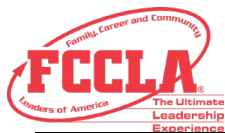
Students should compare their results of the two assessments. Did they score the same? If not, why? Take a class poll and see who scored in each of the pathways (I do this with having kids move to the 4 corners of the classroom, TIP print off the Career Pathway Logo in a huge poster size, and cut it apart! Discuss as needed.

Activity 3: Paring Career Pathways with STAR Events and Creating a Plan

Timeframe: 60 minutes or more

Students should read the Career Exploration through FCCLA handout, and pay special attention to their top pathway they scored on the assessments. Discuss as needed.

Students should review the STAR Event Descriptions handout (in portal) OR view the STAR Events website <https://fcclainc.org/compete/star-events> and guess what pathway they think that event fits under based on their knowledge. (I have students do this with colors that the pathway represents using



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the 4 corners method). Students should rank their top three events they are interested in competing in. Note: this forces kids to read all of the descriptions and have an idea of what is offered, you can also read this to them and then they decide what pathway. Discuss as needed. Using the Explore Career Pathways Through FCCLA Competitive Events handout, have students check their work.

Explain the Explore Career Pathways Through FCCLA Competitive Events handout. (This chart lists all of the competitive events and correlates them to a Career Pathway). Students should remind themselves of their top scoring pathway from the assessments. Based on their top pathway, students should focus on those events. Discuss as needed. Revisit their top ranked events, do they match?

Students should create a Planning Process to create a plan to begin their STAR Event project.

Assessment:

Planning Process Worksheet

Other Resources:

An additional assessment based on the career pathways: <https://www.surveymonkey.com/r/CL3YRTR>

Source:

- Career Pathways Quiz, FCCLA Teen Times, Fall 2019
- What Interests You Assessment, FCCLA Chapter Manual
- FCCLA Competitive Events Guide

Additional Notes:

*****STUDENTS SHOULD HAVE PRE KNOWLEDGE OF STAR EVENTS*** I highly suggest doing this lesson in tandem with the *Dissect a STAR Event* (by Britton Andreasen, NE) lesson plan found in the Portal.**

Submitted By: Nicki Pedeliski

State: California