

**Look at the quotes below. Choose one that speaks to you. We will then share our quotes with the group and tell why.**

1. "You must be the change you want to see in the world." – Mahatma Gandhi
2. "Do what you can, with what you have, where you are." – Theodore Roosevelt
3. "I can't change the direction of the wind, but I can adjust my sails to always reach my destination." – Jimmy Dean
4. "Be a first rate version of yourself, not a second rate version of someone else" – Judy Garland
5. "How wonderful it is that nobody need wait a single moment before starting to improve the world." – Anne Frank
6. "There is more to life than increasing its speed." – Mahatma Gandhi
7. "There is a great difference between worry and concern. A worried person sees a problem, and a concerned person solves a problem". — Harold Stephens
8. "I'm not afraid of storms, for I'm learning how to sail my ship." – Louisa May Alcott
9. "Be kind, for everyone you meet is fighting a hard battle." – Plato

10. "Don't cry because it's over. Smile because it happened." – Dr. Seuss
11. "What counts is not necessarily the size of the dog in the fight; it's the size of the fight in the dog." – Dwight Eisenhower
12. "The man who never makes mistakes loses a great many chances to learn something." Thomas Edison
13. "Be what you are. This is the first step toward becoming better than you are." – Julius Hare
14. "Wheresoever you go, go with all your heart." – Confucius
15. "You cannot learn to skate without being ridiculous ... the ice of life is slippery." – George Bernard Shaw
16. "You don't have to see the whole staircase. Just take the first step." – Martin Luther King, Jr.