To: MN FCCLA Camp attendees

From: Wendy Ambrose

Re; June 11-13, 2022 Leadership Camp

**WHAT YOU NEED TO DO-** Print off the Waiver form for the base camp and bring signed copy to the Paige meeting room on Saturday. Hand in to MN FCCLA.

In case you need to contact me enroute my cell phone is 612-812-6275.

**Saturday afternoon: Base Camp details Address:** Northern Star Scouting at Base Camp
6202 Bloomington Road | Fort Snelling MN 55111

MN FCCLA will meet at the Paige room (Leadership Center) for the first hour.

At 1:30 pm, we will go into the Base camp area and start the activities. Rock wall and Archery.

Advisers may observe and take photos.

Please go to this link and copy off the waiver form. Every participant will need to turn in a signed Participant Waiver, if they are under the age of 18 it will need to be signed by a parent/guardian.

Waiver Form Link - <https://www.explorebasecamp.org/Portals/2/Documents/Base-Camp-Waiver-English.pdf>

MN FCCLA has obtained Certificates of insurance for liability coverage as required, but the Base camp is asking each person to have the waiver form filled out. We will collect these as you come.

What to wear? Wear FCCLA t shirts, comfortable bottom slacks, capris, sweat pants and shoes appropriate for climbing and activities.

**Saturday evening: Feed My Starving Children** Address: **Eagan, MN** 990 Lone Oak Road, Suite 136, Eagan, MN 55121

As a leadership activity and also community service for a global need, MN FCCLA has supplied your names of our adults and students who will be participating. They are expecting us a 7:00 pm! After the packing experience, we will travel to bethel college campus, or (for Eastview students- they may be coming on Sunday am).

Some things you will need to know: **Saturday June 11, 2022 at 7:00 PM - 8:45 PM**

What to wear? Wear FCCLA t shirts, comfortable bottom slacks, capris, sweat pants and shoes appropriate for meal packing activities. Note the regulations about jewelry.

**Jewelry policy** To comply with FDA requirements and remove all opportunity for foreign objects to fall into our life-saving meals (which could cause choking, tooth breakage and more), FMSC volunteers must remove all jewelry and/or accessories before packing.

* No jewelry is permitted in the packing room, labeling areas, Warehouse Crew area or when inspecting raw ingredients.
* Prohibited jewelry includes earrings, watches, rings, necklaces, pins, brooches, etc.
* Wedding bands are permitted. However, if your band has a stone, you will be required to wear a glove.
* Facial piercings, gauges and new earrings that lock in the back are permitted (please inform a staff member).
* Medical alert bracelets and necklaces may be worn.

**Jewelry FAQs Will there be a safe place for me to put my jewelry at FMSC?**

There are a **limited** number of lockers available for use at our permanent packing sites, with a personal pin code locking system. FMSC is not responsible for the safekeeping of any volunteer’s jewelry, so if you are concerned, it is best to leave it at home.

**Can I put my jewelry in my pocket?** No, please do not place loose jewelry into your pockets. However, FMSC will provide a plastic, zipped bag for your jewelry, which you can then place into your pocket.

**I’ve volunteered at FMSC in the past and was allowed to wear jewelry, why can’t I do that anymore?** In order to comply with FDA standards for food manufacturing plants, FMSC was required to change the jewelry policy. The quality of our food is very important to us—this updated policy will help to insure that foreign objects will not contaminate our food.

**If my earrings will be covered by the hairnet FMSC makes me wear, can I leave them in?**

No, you still must remove your earrings.

**If you have food allergies**, please refer to this website page for ingredients information.

<https://www.fmsc.org/get-involved/volunteer-info/allergy-information>

**Sleeping Saturday night, and Sunday and Monday: Bethel College Details** 3900 Bethel Drive, St. Paul, MN 55112

Wendy Ambrose is picking up the keys and lanyards on Saturday morning. So following the feed My Starving Children packing, most will be driving to Bethel College. <https://maps.bethel.edu/>

NOTE: I have asked but do not have an answer yet about bedding and pillows. I will let you know if this is something you need to bring.

The dormitory is Lissner Dorm. This DORM is on the north side of the campus. If you enter the west entrance, you will drive past the Great Hall and the buildings to take a left turn and go north to the Lissner parking lot.

We are on the 4th floor. Dorm rooms are 3 room suites with bathrooms in the suite. Advisers will be in single rooms and students in double rooms. This is behind the Great Hall building, north and up a hill. Parking is behind Lissner. For those familiar with the campus, this is not the dorms by the west parking lot.

Meetings will be in the Underground meeting space in the same building (Bushaber Commons) as the cafeteria. It will be a short walk to get to Bushaber from the Lissner Dorm.

Meals are: Sunday breakfast, Sunday lunch, Sunday supper, Monday breakfast, Monday lunch

Sunday, June 12

Breakfast: 8:00am - 8:45am
Lunch: 11:30am - 2:30pm (checking on this)
Dinner: 5:00pm - 6:00pm
Monday, June 13
Breakfast: 7:30am - 8:15am
Lunch: 12:00pm - 12:45pm

What to wear? Wear FCCLA t shirts, comfortable bottom slacks, capris, sweat pants and shoes appropriate for leadership activities.

State Officers will take photos in their uniforms at some time during the day on Monday.

Advisers and also Members attending leadership camp who are not a current Area or State officer will be part of the audience and feedback teams.

**Assignments: (Area and State Officers)** Your assigned activities will be done on Sunday or Monday. You do not need to bring these to Base Camp on Saturday.

AREA OFFICERS: Your assignment is to prepare a display (artfoam or tri fold display board) that explains to someone new to STAR Events, how to start that event, what they would learn, and some exciting features of that event. These will be used at camp and also you will have it to show at any Area conference, or at a local chapter training in the fall. You would probably be standing by your display to explain this STAR Event to other members.

**For instance if it is a tri fold board**

One side – A “commercial message to promote this event” What is this STAR Event about? What will you learn if you do this event?

One side-“Knowledge and skills” What are the skills you would need to develop, knowledge you would need to learn about to do this event?

One side- My best tips for you to do in your STAR Event.

Assigned (suggested STAR Events) would be one that you may not have done before. A variety is good within your AREA. Suggested STAR Event topics for your display:

Brooke Struthers- RTR-Leadership

Addison Rustin- New Ulm-Job Interview

Thaddeus Bray-Fulda-Focus on Children

Jayli Stayton- Pine Island-Sustainability Challenge

Kristine Joseph- Eastview-Parli Procedure

Brady Pederson-Repurpose and Redesign

London Rinke-Wheaton-Promote and Publicize FCCLA

Bethan Von Ende- Badger-Interpersonal Communications

Emily Burkel-Badger-Chapter in Review

**STATE OFFICER ASSIGNMENTS:** Each officer should develop a new creative game (original- not been done before by you or someone else) on a National FCCLA Program. It should take 15 minutes to play. (not longer). It should NOT use technology as these activities will be used in a variety of settings. It should NOT use technology.

The game should be done with about 8-10 people and could be done in many groups of 8-10 people. You will be developing a set of training areas that will help members and local officers for the fall. What you develop for leadership camp to try may be changed, altered or varied in timing. The activity may not work as you have planned. For the fall, we will be pulling together all of your activities and putting them together in a 3 hour training that can be used AREA meetings or leadership trainings in the AREA.

Member/ Officer Trainings **10 minute game or activity- MAKE IT FUN**

Guidelines: No balloons, must be easy to replicate, make copies of, easy for everyone to do who might be presenting it besides you, simple supplies. After seeing your activity- it might be adjusted to work in an AREA Conference or training plan. It might be changed or fixed, but you come up with the first draft. Do not plan to use technology. No technology. To make sure we have a variety- suggested programs.

Joe D- National Program- STAR Events

Rowan S- National Program 911 Day of Service

Izy J-National program Say Yes to FCS

McKenna- National Program Community Service

Ethan- National Program Families First

Emma- National Program Career Connections