WELCOME TO THE 2020 WINTER HORIZON

In this edition, we will take a look at the 2020 State Conference, Shadow Day at the Capitol, the Triple Crown of Service. You will also get to learn about the individual Leadership Stories of the State Executive Council. Be sure to check out How to Edit a STAR Event if you have the wonderful opportunity to advance to the National Leadership Conference in Washington D.C. FCCLA is here to help you discover your passions and reach your goals. Good luck!

Supriya Patel, Vice President of Public Relations
IMPACT OF COVID-19

Covid-19 has had a major impact on Minnesota FCCLA. Because of the virus, FCCLA will not be holding the planned State Conference for 2020. The effects of not holding this state conference are vast. The election will not be held in March, meaning the current officers will continue their positions until elections are held later in the year. STAR Event competitions will also not be held, an alternative route will be used to determine national advancers. The April Executive Council Meeting and Leadership Camp will also both be canceled due to this recent development.

On a brighter note, Global Youth Service Day (GYSD) projects can still be accomplished in spite of the Covid-19 virus. Many projects can be done at home, such as making T-shirt bags to reduce consumption of plastics, or you could donate gently used books to those that don’t have the ability to afford or obtain them. Also, projects can be completed in very small groups. You can also sign up for virtual events, such as the Climate Strike called Earth Challenge.

You can also help your community respond to the Covid-19 outbreak. You can advocate for assistance to those in need, since hygiene, and health amenities are needed now more than ever. You could also provide childcare services for those that need to work, donate blood, and help promote sanitary habits to help prevent the spread. As we face this challenge we need to fully embrace our organization’s focus to help families and communities.

And always remember to face the future with warm courage and high hope.

- Amber Findlay, President
STATE THEME

The 2019-2020 State Theme is *Find a World of Possibilities!* The three goals of this year's theme are: Travel Into Career Pathways, Unpack Your Skills for Success, and Purchase Your Ticket Toward New Horizons.

#1 TRAVEL INTO CAREER PATHWAYS

Members can focus on this goal by exploring and investigating careers of their interest. You can do this in many ways. Examples include; participating in STAR Events like Career Investigation or Teach and Train, attending Career Connection workshops that will give you skills to use in your future career, or even running for an officer position! FCCLA offers a wide variety of experiences to aid youth leaders in identifying a career pathway!

#2 UNPACK YOUR SKILLS FOR SUCCESS

The purpose of this goal is to motivate members to use the skills they develop through FCCLA to reach their future goals. By using the FCCLA Planning Process, you may unpack your planning skills. You may also develop new skills, such as communication and teamwork, through Star Events that you will use throughout the rest of your education, your future career, and even your daily life.

#3 PURCHASE YOUR TICKET TOWARD NEW HORIZONS

The final goal is to Purchase Your Ticket Toward New Horizons. Through FCCLA, you can discover new experiences and learn new skills that will take you toward new horizons. Members and Advisors can participate in workshops that will introduce new concepts and ideas. You can travel to different locations in the country by participating in the National Conference.

-Amber Findlay, President

Our New State Theme Logo!
TRIPLE CROWN OF SERVICE

Have you and your chapter been taking part in the Triple Crown Community Service Project? This is a great way to get your chapter involved. We have one date left in our triple crown and that is Global Youth Service Day. As part of our Lead Agency Work for Global Youth Service Day, we have a goal of involving over 1500 youth volunteers for April 17-19 GYSDAY.

The Triple crown consists of three dates 9/11, MLK day and of Course Global Youth Service day. Even if you missed the first two, you can still participate in the final project! You as a chapter can choose do any of the three, or you can do all of them. The triple crown is a great way for us as a State Association to take part in state wide community service. I hope to see every chapter participating and putting on a project during the month of April. Also remember you do not have to do it on a specific date as long as it is around the date. Take the lead and serve your community!

- James Drewicke,
  Vice President of Outreach

To receive recognition on your project, reporting is critical! Visit the www.mnfccla.org website in Programs Page for GYSDAY. Here, you will find the required forms that must be submitted.

As a result of our Lead Agency status, MN FCCLA has received additional grant funding, special resources for chapters and we hope to continue our legacy of service-learning into the future. Thank you!
NATIONAL THEME

This year, Family, Career, and Community Leaders of America celebrates its 75th anniversary with the national theme “Your Story.” True to FCCLA’s central focus of the family, we rely on our FCCLA family of the past, present, and future to share “Your Story” in helping us write OUR Story as we continue to impact family, careers, and communities across America.

“You are unique and your experiences shape who you are today to help create your personal story. Collectively, each of your stories write our organization’s story. Through the 2019-2020 school year, we encourage all members to focus on developing their own leadership story as they lead others, develop new skills, explore career opportunities, build strong families, and give back to their communities. We hope every state, chapter, and member will use the theme “Your Story” to focus on how your leadership and life story has built FCCLA and how your leadership story is one that others will celebrate now and in the future.”

- FCCLA
FCCLA WEEK

FEBRUARY 10-14, 2020

FCCLA week is the second full week in February. This year FCCLA week was the 10-14th of February. National FCCLA has a theme each year and this year the theme is Your Story. With the theme of Your Story, the themes for each day of FCCLA week were: What's Your FCCLA Story, Your Future Career Story, FCS Educator’s Inspiring Stories, Your Family’s Story and Leaders in Red. This year members from across the country celebrated FCCLA week and shared their stories, some members were even on Good Morning America and others went to Good Housekeeping's headquarters, Windows wear, James Beard Foundation, and many more! This year the president declared February as Career and Technical Month. Thank you all for celebrating Your Story with FCCLA!

- Kieran Sween, Vice President of Partnerships

IDEAS

FCCLA week is coming up and here are some ideas you can include in your school and chapter! Ways to get your school and chapter involved and excited to show and express their leadership in fun ways include having a spirit week! Put posters around your school with a dress up day for each day of the week. Some themes can include, dress for success, fashion disaster, athletes vs mathletes, and many more. Another idea you can incorporate in your school is to host a fun dance. This can be a fun way to get members, and other people in your school aware of FCCLA, and possibly get new people to become interested in becoming members next year. These are just a couple of ideas to incorporate in your school to support FCCLA.

- Hailey VonEnde, Secretary
STATE LEADERSHIP STORIES

AMBER FINDLAY, PRESIDENT

I first joined FCCLA when I was in seventh grade. I was extremely shy and didn’t have any public speaking skills. When I started my first STAR Event it was new and exciting, but also terrifying. I then attended my very first Mid-Winter Meeting, then my very first State Conference, and before I knew it, I was at the National Conference in Nashville, Tennessee. I learned in one year that I loved this organization and I knew that it would provide me with opportunities that I wouldn’t find anywhere else.

My second year in FCCLA I was the Chapter JHC Officer and I realized my passion for leadership. So, I ran for an Area Officer position. During this experience, I attended various events, such as shadow day, and helped lead our Area meeting. My ninth grade year is when I decided to run for a state office position. Many individuals thought that I wasn’t capable of running because of my age, but I didn’t let them stop me. That Friday of the 2019 State Conference, is when I began my journey as the State Representative to the Board of Directors. I was extremely excited for this opportunity, and decided that I would make this the best experience possible. In November, another opportunity arose to become State President. After submitting my application, I was voted as the Minnesota FCCLA President.

My leadership story is full of people telling me no. One thing I’ve learned through FCCLA is to believe in yourself. There will be people along the way that doubt your abilities, but no one knows your skills or capabilities better than yourself. FCCLA has taught me more things than I ever thought possible. I have learned networking skills, planning skills, organizational skills and so much more. I have an indescribable love and passion for this organization and it has truly exposed me to a world of possibilities.

ELLIOT DOYLE, PRESIDENT ELECT

Hi I’m Elliot Doyle, your State President-Elect from Wadena-Deer Creek, and this is my leadership story. My leadership story starts about 5 years ago, in 7th grade. This is when I joined FCCLA. And when I learned what leadership really is. At the end of my 7th grade year I ran for a chapter office and became our chapter treasurer. During that year as treasurer, I began to grow and become more outgoing. The following year I ran for a Area officer position and a chapter officer position and became our Central-West Area Peer Educator and our chapter Vice President. But my story isn’t all sunshine and rainbows. During that 9th grade year I made a decision, a mistake that made me believe that I should not be in that position for that year. I resigned from both positions in November of that year.
I began to look at myself and who I was, and what I could be. I made a pledge to myself that year. I knew that I had let so many people down, so I promised to do my best and work through this time, so I could be who I wanted to be. I brought myself back up and decided to run for an area position again. This time, I became our Central-West Area President and my chapter President. I served the best I could, and learned so many skills along the way; time management, public speaking, organization and planning. But most of all, I learned that even though I made a mistake, I wasn’t a failure. I learned from my mistake and kept going. That year, I took a further leap and decided to run for state. It was such a great experience, meeting new people and learning new things. I was elected the State President-Elect. I am the first in my school to hold this position, and I take the pledge I made all that time ago very seriously. I have become the person I want to be, and I have learned so much through these years. But I still know I have so much more to learn, and I will take in all that information with open arms and an open heart.

EMMA VONENDE, TREASURER
Hello, my name is Emma VonEnde; I’ve been a member of the FCCLA Badger chapter for six years. It all started with my 7th grade FCS teacher, and advisor, Mrs. Lee. I was that shy quiet kid that didn’t say much in class and didn’t like meeting new people. She convinced me to go to the FCCLA kickoff meeting and I loved it. Through being in FCCLA I’ve grown from being the shy kid to being an FCCLA state officer. It has helped me grow not only my people skills but also my time management, organizational, and public speaking. I’m truly grateful for all the opportunities FCCLA has provided me with. I’ve traveled to multiple states, met life long friends, and meet state senators, legislators, and governors.

HAILEY VONENDE, SECRETARY
My leadership story began in 7th grade. I was scared to be put in situations I had never been in before, and I would get nervous when I was called on to speak in front of the class. This all ended when I joined FCCLA. I joined in 7th grade, hoping to get a chance to travel. Little did I know I would later be a dedicated member, becoming both an Area and State Officer. As an Area Officer, I learned how to take charge on situations when something needed to be done. I also started speaking in front of large groups, which helped me when running for State. When I ran for State, I was incredibly nervous to have to prepare a memorized speech in front of so many people, but as soon as I walked out onto that stage, I knew I would love being an Officer if I was elected. As a State Officer, I have been able to learn how to run and plan big events in an organized and timely matter, and that wasn’t all. Not only have I been able to become more prepared for jobs that include planning, I have also learned how to work within a group of people. It may seem easy, but trust me, sometimes it can be a bit hard. We, the Executive Council, work hard for hours on little details of events. Because of this, we needed to learn how to work
well with each other, which I think we have.
I never thought I could become who I am today: a leader. I could never have imagined me going across the country and meeting other State Officers at the National Conference to learn from them, and make connections with so many people outside my community. In FCCLA, you learn how to become a leader, and I am so glad I have gotten the opportunity to grow as a person, and better myself for our world.

JAMES DREWICKE, VICE PRESIDENT OF OUTREACH
My story begins my ninth grade year when I decided to join FCCLA. I was excited to join because all the cool kids were in FCCLA. I still remember my first meeting and thinking to myself, this will be such a great experience. Little did I know this organization would change my life forever. I did my first star event my ninth grade year and competed in Chapter in Review, Portfolio. I was so excited for my very first competition. Next thing I knew, I had advanced to state. I decided to attend shadow day that year, and when I was asked what FCCLA stood for I said “Family, Community Career Leaders of America.” I then studied my butt for the next couple of months and made the decision to run for area officer. I still think back to that stage when my whole body was shaking, but everything went great and I was elected the Central West Area Vice President. Being an area officer was such a great year. That was also the first year I attended Leadership Camp. That is where I met my very best friends Lindsey Roemeling, Kennedy Truskinski, and Ananda Patel. I never realized going to camp would help me meet so many amazing people. I finally made the decision as a sophomore to run for State Officer. This was the biggest risk I had ever taken. I went out there and slayed the stage with my speeches and knowledge. I was elected as the 2018-2019 State Representative to the Board of Directors. This experience was like nothing else. It was so fun and exciting. The skills I learned as a state officer will be with me forever. I have traveled the United States representing Minnesota on the national level. The last part of my story is when I decided to run for national officer. This took many months of preparation, and even though I did not get a position, the experience was completely worth it. FCCLA has changed my life forever and has allowed me to meet new people and have so many lifelong friends. This is my story through FCCLA.

KIERAN SWEEN, VICE PRESIDENT OF PARTNERSHIPS
I joined FCCLA as a shy 7th grader, not really knowing what it was. My advisor pushed me to be in STAR Events and run for Junior High Counsel. I did and I competed at nationals that year for my STAR Event and also made it onto my area officer team. The next year I ran for area office again and made it that year too. From there I just kept going. I had always wanted to be a state officer since my first year as a member and I got a chance to run at the end of my freshman year. I made it onto the team and it has been such an amazing experience for me and all the officers. I’m really glad my advisor pushed me to
Supriya Patel, Vice President of Public Relations

I run because it has helped me grow so much. In 7th grade, I was shy and kind of scared to talk to people, but since then I have grown so much confidence and I’ve become so much braver. If any of you are wondering if you should run, you should! I’m sure you will gain skills you didn’t even know about!

Triann Krekelberg, Vice President of Resources and Development

I joined FCCLA six years ago when I was a shy seventh grader being forced to join because of my cousin. Little did I know the organization was going to make such an impact on my life. I have learned time management skills, organization skills, speaking skills and so much more! I have been to The National Leadership Conference three times, The State Conference six times, and I attended the National Fall Conference in Texas. Every single one of these has taught me so much more than I would’ve expected! FCCLA is more than just the organization I am involved in, it’s the organization that shaped me into who I am today.
SHADOW DAY

Minnesota FCCLA’s annual legislative shadow day was a great success this year! Students learned about how our state government works, and the everyday life of a legislator. The day started with a training lead by FCCLA State Officers and the State Executive Director, Wendy Ambrose. This training was held at the Department of Education building. At this training, students learned about what the day would be like, how to represent our organization by being respectful, and good questions to ask their legislator. Then students left to go to the state capitol. Members were paired with legislators that had something to do with education or was on an education committee. Whether it be a funding committee or anything else to do with education. After students had shadowed their legislator, they then wrote thank you notes to their legislator to thank them for the experience. To end the day everyone got together to take a picture.

- Elliot Doyle, President Elect
Wow, the National Leadership Conference is coming up fast! Remember that while you’re at the conference you must follow the dress code. FCCLA’s National Board of Directors has set forth a mandatory dress code policy for not only NLC, but also for the National Fall Conference, and Capitol Leadership. This policy is one we uphold at any and all state/area events. Please review the policy prior to attending to ensure you and your chapter do not miss out on any sessions, since failure to follow the dress policy means you will be denied entrance. Students may select the attire that best fits the gender with which they identify. This is a personal choice as long as the FCCLA guidelines are followed.

- Triann Krekelberg, Vice President of Resources and Development

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<th>ACCEPTABLE CLOTHING:</th>
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<tr>
<td>Red, white, or black polos</td>
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<td>Black or khaki dress pants</td>
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<td>Black closed toed shoes</td>
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<td>FCCLA red blazer</td>
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<td>Black heels or black flats</td>
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<td>FCCLA ascot/tie</td>
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<td>If you are going to the pool you must wear a coverup and shoes to and from the pool!</td>
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DALLAS, TEXAS

The 2019 “Your Story” National Fall Conference was held in Dallas, Texas at the Kay Bailey Hutchison Convention Center. Seven members from Minnesota had the privilege of attending. But, nationwide 2,500 FCCLA middle and high school members joined together. The conference was three days long, starting on November 15th to the 17th. Every member had the chance to strengthen leadership skills, explore the career pathways, and there were people partaking in competitive events. There were also student led workshops called “Teen Talks,” and I had an opportunity to hold one. Mine was called $mart $aving $trategies, and it was focused on financial literacy. Members also had the chance to participate in the Think Fast Interactive game, where all attendees competed in trivia, FCCLA knowledge, a dance competition, and a role play.

- Supriya Patel, Vice President of Public Relations

2020 NATIONAL FALL CONFERENCE

Mark your calendars today to attend FCCLA’s 2020 National Fall Conference (NFC) in Columbus, Ohio, November 13-15. Join more than 2,500 participants from across the nation for an opportunity to strengthen your leadership skills, explore FCCLA’s four Career Pathways, participate in a community service project, compete in career-applicable Skill Demonstration Event competitions and FCCLA/LifeSmarts Knowledge Bowl, and demonstrate college- and career-readiness.
This year’s 2020 National Conference in Washington D.C has a lot to offer! One contest that any member can take part in happens before the National Conference even takes place. It is called Safe Rides- Save Lives. To take part in this contest, you will need to make a YouTube video exactly 25 seconds long about speed prevention, following all the criteria listed on the National Website. The winning video may even be shown at Nationals!

The National Executive team wants to recognize chapters with their success, but they need your help. On the national website, you can find applications for several awards, such as the Go For the Red Award, and Program Awards. Other awards include National Alumni Award, National Distinguished Service Award, National Honorary Membership Award, National School Administrator Award, National Chapter Public Relations Award, STAR Events National Volunteer Award, and more. If you hope to receive any of these, you must go to the National FCCLA website and fill out an application. The State Executive team is hoping we have many awards to recognize how well Minnesota is doing in FCCLA, so we strongly encourage you to apply!

- Hailey VonEnde, Secretary
NATIONAL LEADERSHIP CONFERENCE

This year National Leadership Conference is in Washington DC from the 5th-9th of July. National Leadership conference is an amazing experience for members across the country to meet and attend workshops, present STAR Events and meet other members. In the years that I have been in FCCLA, NLC has always been one of my favorite FCCLA events. I have presented STAR Events at nationals before and it always so different from presenting at area midwinter conference or even state conference. You get a chance to talk to other people who have similar interests to yours and you can trade pins with so many cool people! You are NLC to learn more about FCCLA, but you will also get to see some of the amazing stuff that Washington DC has to offer! While you can, make sure to make your STAR Event the best that it can be so that you can have the amazing opportunity to present at NLC!

- Kieran Sween, Vice President of Partnerships

Want access to conference schedules, information, announcements, and updates about 2020 NLC? Search for “FCCLA 365” in your mobile app store and then download the 2020 National Leadership Conference Guide today.
EDITING A STAR EVENT
FOR THE NATIONAL LEADERSHIP CONFERENCE

When you are beginning to edit your STAR Event you should first look at your judge evaluation sheets. Look at what the judges thought were good and what they thought you needed to work on. Begin with editing your display or portfolio. Make those changes the judges suggested and check for any other grammar mistakes (these mistakes can lose you points that just aren’t worth losing). Next look at your script, find any changes you need to make or anything you need to add that you didn’t have before. I suggest to set up your script to follow the rubric step by step. This will help the judges to follow along and not miss vital information. Most importantly, make sure you stay true to yourself and what you want your STAR Event to look like. Because the most important thing about your event is you enjoy every second of it.

- Elliot Doyle, President Elect
STUDENT SCHOLARSHIPS

FCCLA, along with FCCLA’s generous partners and sponsors, award over $135,000 in scholarships and awards annually. FCCLA members are strongly encouraged to apply for the following youth scholarship opportunities.

Hospitality Scholarship

MARRIOTT MARQUIS DC HOSPITALITY SCHOLARSHIPS ($2,000)
• This scholarship will be awarded to a high school senior who is interested in pursuing a degree in the hospitality field and will be attending a two or four year degree-granting institution starting in fall 2020.
• Each applicant will be evaluated based on the information provided, and a recipient will be chosen by a selection committee of representatives from Marriott Hotels & Resorts.
• A one-time scholarship award of $2,000 will be payable directly to the scholarship recipient from the Marriott Marquis Washington, D.C. Funds must be applied toward tuition, room, and/or board.
• Scholarship applications for the 2019-2020 academic year are no longer being accepted. The 2020-2021 scholarship information will be available early November 2020.

Partner Scholarship

TAKING DOWN TOBACCO TRAINER OF THE YEAR SCHOLARSHIP
• FCCLA is proud to partner with Campaign for Tobacco-Free Kids for the Taking Down Tobacco initiative.
• The scholarship will be awarded to a member who has engaged in the Taking Down Tobacco and Train the Trainer programs and highlights the advocacy skills they received from the trainings in an essay format.
• One (1) student will be awarded $1,000.
• Scholarship applications for the 2019-2020 academic year are no longer being accepted. The 2020-2021 scholarship information will be available early November 2020.

JAPANESE EXCHANGE SCHOLARSHIP
• The Japanese Exchange is a scholarship opportunity for FCCLA members to travel to Japan for 4-6 weeks as an exchange student. This scholarship is funded by the Kikkoman Corporation and administered by Youth For Understanding (YFU) USA.
• Fourteen FCCLA members receive scholarships worth more than $8,995 each.
• YFU has an eligibility age range for students posted on the YFU website.
• Scholarship application is located on Youth for Understanding USA’s website. Members must complete the application along with the FCCLA Supplement Form on YFU’s website.
College and University Scholarships

FCCLA MEMORIAL SCHOLARSHIP
- The FCCLA Memorial Scholarship honors the leadership and contributions of members and leaders and is open to FCCLA members who are graduating high school seniors pursuing a four-year degree at an accredited institution.
- Applicants should exhibit outstanding leadership, community service, and demonstrate well-roundedness through various activities.
- A one-time scholarship award of $2,500 will be payable directly to the college or university they are enrolled in for the fall semester. Funds must be applied toward tuition, room, and/or board.
- Scholarship applications for the 2019-2020 academic year are no longer being accepted. The 2020-2021 scholarship information will be available early November 2020.

The Honorees of the FCCLA Memorial Scholarship

Coleene Jossy (1999)
Coleene Jossy was a former member and alumni member of FCCLA. Coleene was a strong supporter of FCCLA, and worked with many states through her business in Washington State, Atlas World Travel.

Beth Middleton (1999)
Beth Middleton was the 1997-98 National Vice-President of Individual Programs and served as an intern with the FCCLA national organization during the summer of 1999. Beth had also served the national organization as an A PLUS facilitator and as a STOP the Violence program facilitator.

Frank W.H. Fort (2008)
Frank W.H. Fort was an FCCLA state adviser for New Mexico, a member of the National Board of Directors of FCCLA, National President of the State Supervisors (NASAFACS) division of ACTE, a National Alumni Achievement Award recipient of FCCLA and a strong advocate of Family and Consumer Sciences (FCS) education and FCCLA youth leadership opportunities throughout his life.
The FCCLA Career Connection national peer education program guides students to develop, plan, carry out, and evaluate projects to discover their strengths and practice career-ready skills. Through their projects, members experience career preparation and improve their critical and creative thinking, interpersonal communication, practical knowledge, and real-world skills.

Career Connection Units:

My Skills - Students learn about themselves and practice being productive, promotable employees as they link their personal interests, skills, and goals to careers.

My Life - Students learn to manage interconnected roles in careers, families, and communities by exploring choices and skills that help balance these roles.

My Career - Students gain a better understanding of work and learn how to find and land a job.

My Path - Students identify steps they can take to reach career and lifestyle goals.

Awards:

FCCLA offers national recognition to chapters that complete the Career Connection projects. This honor includes cash awards and special recognition at the National Leadership Conference, online, and in Teen Times magazine. Chapters apply online for recognition for their hard work and innovative projects with the National Career Connection Program Award application.

High School Award - $1,000
Middle School Award - $1,000
Runner-Up Award - $500

Deadline: Applications must be submitted online to FCCLA national headquarters by March 1. The online award system will automatically close March 1, 5:00 p.m. EST.
Families Acting for Community Traffic Safety (FACTS) is a national FCCLA peer education program through which students strive to save lives through personal, vehicle, and road safety. Teens work to educate adults and youth about traffic safety and support enforcement of local rules and regulations regarding community traffic safety. Youth leaders can help families promote basic safety attitudes that can last a lifetime.

**Topics:**

- **People** - to understand and promote your role as a driver or passenger and keep yourself and others safe
- **Vehicles** - to understand vehicle safety and the role it plays in safety for you and others
- **Roads** - to understand and promote your role on the road as well as the safety hazards you may encounter and how to avoid or react to them

**Awards:**

- **State Level Awards** - $500 in each state
- **High School Award** - $1,000
- **Middle School Award** - $1,000
- **Runner-Up Award** - $500
- **$500 Roadway Safety Achievement (RSA) Award** sponsored by Joe and Patricia Toole

**Deadline:** Applications must be submitted online to FCCLA national headquarters by March 1. The online award system will automatically close March 1, 5:00 p.m. EST.
The FCCLA Families First national peer education program through which youth gain a better understanding of how families work and learn skills to become strong family members. Its goals are too: help youth become strong family members and leaders for today and tomorrow and strengthen the family as the basic unit of society.

Units:

- Families Today - Understand and celebrate families
- You-Me-Us - Strengthen family relationships
- Meet the Challenge - Overcome obstacles together
- Balancing Family and Career - Manage multiple responsibilities
- Parent Practice - Learn to nurture children.

Awards:

FCCLA offers national recognition to chapters that complete Families First projects. This honor includes cash awards and special recognition at the National Leadership Conference online, and in Teen Times magazine. Chapters apply online for recognition for their hard work and innovative projects with the National Families First Program Award Application.

- High School Award - $1,000
- Middle School Award - $1,000
- Runner-Up Award - $500

Deadline: Applications must be submitted online to FCCLA national headquarters by March 1. The online award system will automatically close March 1, 5:00 p.m. EST.
The FCCLA Financial Fitness national peer education program involves youth teaching one another how to make, save, and spend money wisely. Through FCCLA’s Financial Fitness program, youth plan and carry out projects that help them and their peers learn to become wise financial managers and smart consumers.

**Units:**
- Earning - sharpen on-the-job financial fitness
- Spending - track and plan personal spending
- Saving - conquer bank accounts, credit, and investments
- Protecting - keep financial and personal interests safe

**Awards:**
FCCLA offers national recognition to chapters that complete Financial Fitness projects. This honor includes cash awards and special recognition at the National Leadership Conference, online and in Teen Times magazine. Chapters apply online for recognition for their hard work and innovative projects with the National Financial Fitness Program Award Application.

- **High School Award** - $1,000
- **Middle School Award** - $1,000
- **Runner-Up Award** - $500

**Deadline:** Applications must be submitted online to FCCLA national headquarters by March 1. The online award system will automatically close March 1, 5:00 p.m. EST.
The FCCLA Community Service national peer education program guides students to develop, plan, carry out, and evaluate projects to improve the quality of life in their communities. Through their projects, members experience character development and improve their critical and creative thinking, interpersonal communication, practical knowledge, and career preparation. Youth leaders learn more about themselves, others, and the world so that they can make a difference now and in the future.

Topics:

Learn - Students explore personal values, ethics, and ethical decision-making while evaluating their community needs.

Lead - Students learn how to use their leadership skills to serve their community and how to transfer those servant leadership skills to the workplace.

Serve - Students are introduced to the critical role community partnerships and advocacy play in serving the needs of others while also developing their own community-based service.

Awards:

FCCLA offers national recognition to chapters that complete FCCLA Community Service projects. This honor includes cash awards and special recognition at the National Leadership Conference, online, and in Teen Times magazine. Chapters apply online for recognition for their hard work and innovative projects with the National Community Service Program Award Application.

High School Award - $1,000

Middle School Award - $1,000

Runner-Up Award - $500

Deadline: Applications must be submitted online to FCCLA national headquarters by March 1. The online award system will automatically close March 1, 5:00 p.m. EST.
Power of One helps students find and use their personal power. Members set their own goals, work to achieve them, and enjoy the results. The skills members learn in Power of One help them now and in the future in school, with friends and family, in their future at college, and on the job.

Units:

A Better You - Improve personal traits
Family Ties - Get along better with family members
Working on Working - Explore work options, prepare for a career, or sharpen skills useful in business
Take the Lead - Develop leadership qualities
Speak Out for FCCLA - Tell others about positive experiences in FCCLA.

Awards:

FCCLA offers national recognition to members who complete all five FCCLA Power of One units. This honor includes special recognition on the FCCLA website and at the National Leadership Conference. To gain recognition for your Power of One accomplishments, complete the Five Unit Recognition Application and submit it to your chapter adviser. Your chapter adviser must then submit your name in the FCCLA Portal by the deadline.

2018-2019 Power of One Recipients

Deadline: Names must be submitted in the FCCLA Portal by March 1. The online award system will automatically close March 1, 5:00 p.m. EST.
The FCCLA Students Taking On Prevention (STOP) the Violence program empowers youth with attitudes, skills, and resources in order to recognize, report, and reduce youth violence.

**Goals:**

- Reach peers with violence prevention education
- Recognize warning signs of potential youth violence
- Encourage young people to report troubling behavior
- Collaborate with school and community resources to address youth violence
- Develop and implement local action projects to reduce the potential for violence in their school.

**Awards:**

FCCLA offers national recognition to chapters that complete STOP the Violence projects. This honor includes cash awards and special recognition at the National Leadership Conference, online and in Teen Times magazine. Chapters apply online for recognition for their hard work and innovative projects with the National STOP the Violence Program Award Application.

- High School Award - $1,000
- Middle School Award - $1,000
- Runner-Up Award - $500
The FCCLA Student Body national peer education program helps young people learn to eat right, be fit, and make healthy choices. Its goals are too: help young people make informed, responsible decisions about their health, provide youth opportunities to teach others, and develop healthy lifestyles, as well as communication and leadership skills.

**Topics:**

- The Healthy You - Empowering teens to make wise food and lifestyle choices
- The Fit You - Empowering teens to take charge of their health and their level of fitness
- The Real You - Empowering teens to maintain positive mental health
- The Resilient You - Empowering teens to live in ways that build emotional health

**Awards:**

FCCLA offers national recognition to chapters that complete Student Body projects. This honor includes cash awards and special recognition at the National Leadership Conference, online, and in Teen Times magazine. Chapters apply online for recognition for their hard work and innovative projects with the National Student Body Program Award Application.

- High School Award - $1,000
- Middle School Award - $1,000
- Runner-Up Award - $500

**Deadline:** Applications must be submitted online to FCCLA national headquarters by March 1. The online award system will automatically close March 1, 5:00 p.m. EST.
COMPETITIVE EVENTS

MN STAR EVENTS

(Alphabetical order)

Event 1 Business of Fashion
Event 2 Cold Sandwich Preparation
Event 3 Everyday Equations
Event 4 Ethical Essays
Event 5 FACS of Lifeskills (Junior High)
Event 6 Innovations-Fashion & Cosmetology
Event 7 Just Like Rachael Ray
Event 8 See What We’ve Done
Event 9 Senior Buzz
Event 10 Show Me

FOUNDATIONAL EVENTS

Event 11 About Kids
Event 12 Decisions that Matter
Event 13 Farm to Table
Event 14 FCS Topics
Event 15 Global Call to Action
Event 16 Social Realities
Event 17 Taking Care
Event 18 You, Me, Us
COMPETITIVE EVENTS

MIDDLE LEVEL
- Baking and Pastry
- Career Investigation
- Chapter in Review Display
- Chapter in Review Portfolio
- Chapter Service Project Display
- Chapter Service Project Portfolio
- Culinary Arts
- Culinary Math Management
- Early Childhood Education
- Entrepreneurship
- Event Management
- Fashion Construction
- Fashion Design
- Focus on Children
- Food Innovations
- Hospitality, Tourism and Recreation
- Interior Design

ONLINE
- FCCLA Chapter Website
- Digital Stories for Change

SKILL EVENTS
(Skill Events are done at State Conference only)
- Food Art
- Knife Skills
- Toys that Teach
- Interviewing Skills
- Impromptu Speaking
- Speak Out for FCCLA
- Technology in Teaching
- Challenges
NEW!!!!
TRIPLE CROWN OF SERVICE

Take action in your community and discover the difference you can make through involvement in FCCLA's service program!

Complete all 3 service efforts listed and receive FCCLA recognition. We encourage all chapters and members to participate in service!

PROJECTS IN ORDER TO WIN...

9/11 Day of Remembrance - September 11
Do a project for veterans, military, or military families.

Martin Luther King Jr. Day - January 20
Projects for financial literacy, and poverty, and economic insecurity.

GYSD - April 17 to the 19
Celebrate with Global Youth Service Day throughout the month of April. Hold a local community service project!

STATE AWARDS
New Member
Chapter Spark
Ultimate Leader
Honorary Membership
Alumni Achievement

Alumni Contribution
New on the Horizon - Adviser
School Administrator
Lois Hagel Leadership Memorial

NATIONAL AWARDS
Adult and Adviser
Go for the Red
National Programs
Power of One

- Supriya Patel, Vice President of Public Relations