

# THE HORIZON



## WELCOME TO THE 2019 FALL HORIZON!

In this edition, we will take a look at the success of our 2019 Leadership Camp, the National Leadership Conference in Anaheim, California and our state theme. You will also get to meet our State Executive Council. Be sure to check out the list of STAR Events you may choose to pursue and get inspired

by our many national programs. FCCLA is here to help you discover your passions and reach your goals. Good luck this year!

- Supriya Patel, Vice President of Public Relations

# UPCOMING EVENTS

## LOCAL LEADERSHIP TRAINING/ AREA FALL CONFERENCES

Southwest and Central West - October 9th

Northern - October 16th

South East - October 23rd

Central East - October 24th

## CAPITOL LEADERSHIP

September 30th - October 2nd, Washington DC

## NATIONAL FALL CONFERENCE

November 15th - 17th, Dallas, TX

## SHADOW DAY

February 19th

## 2020 STATE CONFERENCE

March 26th - 28th

## 2020 NATIONAL CONFERENCE

July 5th - 9th, Washington DC



- Supriya Patel, Vice President of  
Public Relations

# LEADERSHIP CAMP

Minnesota FCCLA's annual leadership camp was held this year from June 17th to June 19th at Bethel University in Arden Hills, Minnesota. The theme of this year's leadership camp was "SURVIVOR". It was a success, as the campers had the opportunity to develop their leadership skills through workshops and games. The workshops were prepared by the state officers, while the games were prepared by the camp staff (a group of Minnesota FCCLA alums). Some activities worth highlighting include: the Immunity Idol hunt, the family group challenges, and the lip sync battle. Each of these events facilitated teamwork and leadership development. Campers advancing to nationals also had the opportunity to present their STAR Events to their peers in order to better prepare their projects for the National Leadership Conference. A favorite for many campers was meeting "Survivor" TV star Holly Hoffman as she gave a powerful and moving speech.



*MN FCCLA Members vs. Advisors  
FCCLA Trivia.*



*Workshop Audience  
Members.*



*Leadership Camp Attendees  
Participate in a State Officer-Led  
Activity.*



# RUNNING FOR OFFICE

## AREA OFFICE

FCCLA provides members across the country with valuable leadership opportunities! One of these opportunities is running for office. FCCLA members are able to run for and hold offices on the Area, State, and National levels. Most FCCLA chapters also have officers.

Area officers help plan the meetings and events for the other chapters in their area and also speak on stage at the area

meetings. Speaking on stage and planning meetings may sound intimidating, but being an area officer is an important job that every FCCLA prepares all members for. If the idea of running for area office immediately sounded interesting to you or even if you are curious about the experience, we suggest running for area office. Do not be afraid to push yourselves to become better leaders. Being an

FCCLA officer has helped me to become braver as well as better at planning, working with a team, and managing my time.

The steps to run for an area office are easy; you have to submit an application, take a written test, and prepare and give a speech at State Conference. All details can be found by looking on the MN FCCLA website. I hope to see all of you running for office next year!

- Kieran Sween, Vice President of Partnerships

## TO APPLY

Visit the Minnesota FCCLA website, [mnfccla.org](http://mnfccla.org), and click on the "LEADERSHIP" tab. Then, click on "CANDIDATES". Here, under "Area Officer, JHC, Peer Ed Leadership Team Candidate Application", you will see all the forms you need to sign/read, including the Code of Conduct and Advisor Agreement. The application is due in Feb. 2020. We look forward to seeing you run!

- Kieran Sween, Vice President of Partnerships

# STATE THEME

The 2019-2020 State Theme is *Find a World of Possibilities!* The three goals of this year's theme are: Travel Into Career Pathways, Unpack Your Skills for Success, and Purchase Your Ticket Toward New Horizons.

## #1 TRAVEL INTO CAREER PATHWAYS

Members can focus on this goal by exploring and investigating careers of their interest. You can do this in many ways. Examples include; participating in STAR Events like Career Investigation or Teach and Train, attending Career Connection workshops that will give you skills to use in your future career, or even running for an officer position! FCCLA offers a wide variety of experiences to aid youth leaders in identifying a career pathway!

## #2 UNPACK YOUR SKILLS FOR SUCCESS

The purpose of this goal is to motivate members to use the skills they develop through FCCLA to reach their future goals. By using the FCCLA Planning Process, you may unpack your planning skills. You may also develop new skills, such as communication and teamwork, through Star Events that you will use throughout the rest of your education, your future career, and even your daily life.

## #3 PURCHASE YOUR TICKET TOWARD NEW HORIZONS

The final goal is to Purchase Your Ticket Toward New Horizons. Through FCCLA, you can discover new experiences and learn new skills that will take you toward new horizons. Members and Advisors can participate in workshops that will introduce new concepts and ideas. You can travel to different locations in the country by participating in the National Conference.

-Amber Findlay, Rep. to the Board of Directors



Our New State Theme Logo!

# STATE EXECUTIVE COUNCIL



My name is Amber Findlay, and I am the 2019-2020 State Representative to the Board of Directors. I have been in FCCLA for four years, in these four years I have developed a wide variety of skills. I have developed skills such as public speaking, planning, and organizational skills! My favorite aspect of our organization is that it prepares you for your future career. Through the STAR Event Career Investigation, I found that I would like to become a Medical Malpractice Defense Attorney. I plan on attending the University of North Dakota to earn my bachelor's degree and attending Hamline University to earn my Juris Degree. I plan on opening my own law firm as I progress in my career. I am also involved in Yearbook, Speech, Student Council, Mathletes, Knowledge Bowl, Active Christian Teens, Band, Choir, Golf, and Track and Field. My favorite movie is *My All American*, my favorite show is *The Bachelor*, and my favorite book is *The Cellar* by Natasha Preston. My dream vacation would be to go to the Bahamas and visit Freeport.

I'm Elliot Doyle and I am your State President Elect. I have been in FCCLA for 4 years. My Favorite part of FCCLA is that through the organization, we as members become one big family and the friendships we form now will last forever. I have developed many skills through FCCLA, some being; leadership, organization, and time management skills. These skills have helped me become the person I am now and will help me in the future to further develop myself. I plan to attend a 4-year college and pursue a degree in education specified in mathematics, with a minor in business and a minor in piano/music. My favorite TV show is *Teen Wolf*, my favorite book is *Rebels of Eden*, my favorite movie is ANY Disney movie. My dream vacation is to travel the world in order to visit new people and experience different cultures.



# STATE EXECUTIVE COUNCIL



My name is Emma Wajda and I am the State President. FCCLA has taught me to be persistent and strive to be an amazing leader. My favorite FCCLA memory is when my chapter did our September food drive. The person I admire the most is my mom, because she has taught me so much and raised me to be an extraordinary person. My dream job would to be an actress, although in the future I plan to become a trauma surgeon. My favorite movie is *A Walk to Remember*. My favorite book is *Unenchanted* by Chanda Hahn. My favorite TV show is *Grey's Anatomy*.

Hello, my name is Emma VonEnde. I'm a senior at the Badger school. I've been in FCCLA for 6 years. I am serving as the the 2019-2020 state treasurer. I love that FCCLA provides members with experiences that most people never get in a lifetime, such as meeting state senators, legislators, governors, and traveling around the nation. Through being a member, I have become more organized and gained time management skills. But, FCCLA has especially grown my leadership and communication skills. These abilities help me with other activities that I am involved in such as FIRST robotics where I have to talk to many people and plays were I'm on stage in front of large audiences. My college classes have been easier because I'm more organized and I get work done on time. I was never a people person before joined FCCLA and I would never have dreamed of doing a STAR event, let alone become a state officer. In the future, I plan on attending and 4 year college and continuing my education to medical school. My favorite show currently is *FRIENDS* on Netflix. My dream vacation would be Bora Bora and see the waterfalls and gorgeous beaches.





# STATE EXECUTIVE COUNCIL



I'm Hailey VonEnde, the 2019-2020 State Secretary. This will be my fourth year in FCCLA. My favorite aspect of the organization is the way you can learn things in a fun way and gain friendships. Through my years in FCCLA, I have learned how to become a better public speaker, as well as developed financial, time-management, organization, and communication skills. Activities that I take part in outside of FCCLA include band, drama, and cheerleading. My post-secondary plans are to attend college and obtain a bachelor's degree in business and administration, because I want to start a business of my own. My favorite show is *Riverdale*; my favorite books are the *Shiver* series, and my favorite movie is *Pearl Harbor*. My dream vacation would definitely be a big trip traveling to Germany, Norway, Egypt, and ending in Greece.

Hi, I am James Drewicke. I am your 2019-2020 FCCLA Vice President of Outreach. I am from Herman-Norcross, a town with 437 people. My entire class size is 12 students! I have two siblings who are twins. Some fun facts about me are that I enjoy going to the lake, I like to tube and swim, and I also have a very hard time smiling. (What I mean by this is that I can not smile naturally so it always looks fake). I enjoy listening to music and my favorite band is AJR. I also like many songs that are today's top hits. Many of my hobbies include: FCCLA, running, swimming and hanging out with friends. I am very involved. I am in: FCCLA, band, National Honor Society, cross country, track, speech, and the one act play. My greatest passion is community service and I try to work in my community as much as I can.





# STATE EXECUTIVE COUNCIL



I'm Kieran Sween, your Minnesota 2019-2020 Vice President of Partnerships. Let me tell you a little bit about myself! Besides being active in FCCLA, I am involved in many activities at my school such as band, choir, theatre, football cheer, wrestling cheer, and competitive cheer. My favorite TV shows are *The Office* and *Stranger Things*. My favorite movie is *The Greatest Showman*. Some of the things I love to do for fun are singing, reading books, and spending time with my animals (we have cats, dogs, chickens, and a cow). I spent the last year as your Minnesota 2018-2019 treasurer and I learned so much from that experience! I'm looking forward to the next year in FCCLA and I hope you are too. I can't wait to see what this year will bring.

Hello, Minnesota FCCLA! I'm Supriya Patel, your 2019-2020 Vice President of Public Relations. I am a junior at Spring Lake Park High School and I have been in FCCLA since my freshman year. Ever since then, I have been in love with the organization. My favorite part of being a member is that you learn so much about yourself. It never struck me that one day I would be able to speak comfortably in front of my classmates, let alone a thousand FCCLA members. Through my years, I have developed crucial leadership skills such as public speaking, organization, time management, etc. I also participate in the school swim team, National Honors Society, choir, and I am the chapter secretary for Women for Change. After high school, I want to attend a four year college or university and follow the pre-med track. My dream is to become either a pediatric dermatologist or a dermatologist physician's assistant. My favorite book is *Harry Potter and the Order of the Phoenix*. My favorite movie is *A Star is Born*. My dream vacation would be a trip to Spain to Barcelona and Madrid.



# STATE EXECUTIVE COUNCIL



Hello, I am Triann Krekelberg, your 2019-2020 VP of Resource and Development. This year will be my seventh year in FCCLA. Wow, time flies! My favorite aspect of this amazing organization is inspiring others and that I get to grow as a person. Throughout my seven years I have developed public speaking, leadership, organization, and many more skills. Some activities I am involved in are volleyball, Student Council, FCCLA, National Honors Society and band. After high school I want to attend the University of Minnesota Duluth and major in Entrepreneurship with a minor in Communications. My favorite shows are *Riverdale*, *Big Brother*, and *The Bachelor*. My favorite book is *The Sun Is Also a Star*. If I could vacation anywhere I would choose the Bahamas.

## NATIONAL 2019 CANDIDATE

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Hello, Minnesota FCCLA! My name is Bethany Janssen and I was a 2019 NLC National Candidate. I will begin my senior year of high school this fall. I have been in FCCLA since seventh grade. Some of my FCCLA favorites are the Families First Program, National and State Conference, and networking. I love seeing friends that I have not been able to see in person for a whole year! I also love all of the learning that takes place at both meetings. When not in FCCLA, I play five instruments including French Horn, Frumpet, Baritone Saxophone, Tenor Saxophone, and Piano. I also play tennis, manage the girl's basketball team, and I trap shoot. I volunteer in the Children's Ministry at church every week, volunteer at day camps for kids, and I help kids at school with math and other skills they need for higher education. Aside from activities, some of my personal favorites; my favorite food is ranch chicken. My favorite movie is *Racing Stripes*. My favorite book is *Wonder*.

# RUNNING FOR OFFICE

## STATE

Running for state office requires a lot of studying and being able to speak in front of large audiences with confidence. I was extremely nervous to get up on that stage and speak in front of so many people, especially since it was memorized, but I did it, and I am so proud of myself. It took a lot of dedication to study, write and memorize a speech, and go through an interview process, but it was definitely worth it. I was able to make new friends with the other members that were running with me. We talked about what we were nervous about and helped each other study and calm down when we got worried. The feeling I get when I put on my red blazer and see my state officer pin is amazing. It makes me feel so proud to know that I did something that was so far outside my comfort zone and succeed in it. I would definitely encourage all members to run for some office, whether it be area, state, or even nationals. The hard work you put into it will teach you things you never knew before, and you can also gain a family that supports and cares for you in an entirely different way.

- Hailey VonEnde, Secretary

## TO APPLY

Go to the Minnesota FCCLA website [mnfccla.org](http://mnfccla.org) and click on the "LEADERSHIP" tab. Then, click on "CANDIDATES". Here, under "State Officer Candidate and Returning State Officer Candidate Application" you will see all the forms you need to sign/read, including the Code of Conduct, and Advisor Agreement. The application is due in Feb. 2020. Hope to see you run!



*Our State Officer Team!*



# BALANCING FCCLA

"I am...involved in many activities at my school such as band, choir, theatre, football cheer, wrestling cheer, and competitive cheer."

Being active in FCCLA as well as being involved in your community can seem like a difficult task, but it isn't as hard as it seems. Thankfully, FCCLA teaches us how to manage our time productively. I am a very busy person, and I usually have many things going on at a time. As I became busier and busier, I had to figure out how to balance being a state officer, a full time student, an athlete, and a number of other things. A helpful trick I use to organize my timeline (due dates, events, etc.) is to write myself a to-do list and put deadlines on the calendar. By using this method, I can see when I have to get something done as well as how much time I have between now and then. I like to try to get my work done ahead of time in case something comes up and I won't be able to finish in time. There is another rule that I try to follow in order to make my schedule more

manageable, the "Do It Now" rule. This means that if something is easy, quick, and won't take a lot of time, you should simply do it *now*. This relieves a lot of stress later when you're looking at your agenda. By knocking out smaller tasks, you feel more productive and motivated to keep working. Besides, the workload will much feel lighter after some tasks are completed. I hope some of these tips helped you figure out how to balance FCCLA and all your other responsibilities. Time management is a tricky thing to learn and you can always keep learning. FCCLA has been a huge help in helping me get better at time management and I know it will help you too!

- Kieran Sween, Vice President of Partnerships

# NATIONAL LEADERSHIP CONFERENCE

## ANAHEIM, CALIFORNIA

The 2019 National Leadership Conference was located in Anaheim, California. There, the new National Executive Council was elected. We had two of our own members from MN run for national office; Bethany Janssen and James Drewicke. This year, our state had the impressive total of 189 attendees registered to attend the national conference, and out of that number, we had a 108 STAR event

participants. At the opening session the National conference held, they met the (now former) Executive Council members. Next, they had the opportunity to listen to speaker Kyle Scheele. When members weren't listening to speakers, going to state meetings, attending incredible and fun workshops, or presenting, they were Touring the city of Los Angeles, visiting Disneyland, or going to the beach. All of the

members attending NLC 2019 were invited to go to Knott'sbury Farm for a fun night of thrill rides. Members were also invited to attend the fourth of July party hosted at the Disney hotel, where food, dancing, and games were there for members to enjoy.

- Hailey VonEnde, Secretary



# RUNNING FOR NATIONALS

BETHANY JANSSEN

Running for a National FCCLA Office was a fun and rewarding experience. Making new friends, learning about FCCLA and other Career and Technical Student Organizations (CTSOs), and gaining skills are just a few of the many highlights of running. Making new friends from around the nation is amazing; I have friends from Hawaii, Alaska, Virginia, Arizona, and almost every other state. The connections that I have made are incredible and will last a lifetime. Even though I was not elected, I can proudly say that I am friends with all of the current and immediate past National Executive Council members. Learning about FCCLA and other CTSOs is another highlight. Being able to rattle off almost any bit of FCCLA and CTSO knowledge is an interesting feeling. Interesting in the sense that I can give information to anyone who asks about anything. If you want to run, you need to study for hours a day. Everyone learns differently, so study how you learn best.. Last, but certainly not least, is all the skills you learn. Public speaking is one of the skills you learn. You have to write a speech and deliver it in front of a Nominating Committee (Nom Com), and if you make it to the top 20, in front of the FCCLA Voting Delegates and any FCCLA members who come to listen. You also have to answer questions on stage and in front of the Nom Com while being politically correct and factually correct. It takes a lot of work and practice, but being able to do will help you in any career you choose. Next is the skills you learn for Career Readiness. In order to run for a National FCCLA Office, you have to create a resume, answer two essay questions, and have three Letters of Recommendation. This is very similar to what you must have in order to apply for a job or college. These also have to be in tip-top shape in order to be accepted by the National FCCLA Staff. So, make sure you have some friends and family revise before submitting.

Running for a National FCCLA Office has been such a rewarding experience, and I hope this has encouraged to tell Your Story about FCCLA and running for any FCCLA Office.

- Bethany Janssen





# RUNNING FOR NATIONALS

JAMES DREWICKE

My experience as a national officer candidate was tough, but worth while. Being a national officer not only takes work, but it takes time. My time spent as a NOC was very busy, you have to go through a long process. My first step I took was applying at my state level. I had to submit an application to even be considered at the state level. Once my application was approved I would have to take a test and complete an interview. Lucky for me I was accepted to run at the state level. At the state level I had to give the same speech twice. I was also asked two fact questions and two situational questions during formal house. I then was approved for a second time to run at the national level. Many weeks of studying went into this process and nationals finally was approaching. When I got there for the first time I had to take a test that was worth twenty-five points. My test score was a 21.5 which was one of the top six test scores of all the national officer candidates. My next step would be to give a speech and then asked questions during my interview and the last step to make top twenty was a fishbowl where you were put into a group and then given a scenario where you would have to come up with a solution. My first letter drop came in and I was chosen to be one of the top twenty candidates for National Officer. My next task was to network with the voting delegates. After that I had to give my speech again. My final letter drop came in and it told me that I was not chosen as a national officer. Even though it wasn't the ending I wanted it was a worthwhile experience.

- James Drewicke,  
Vice President of  
Outreach



# MENTOR AND MASTER ADVISORS

## MENTOR ADVISOR

The second award is Mentor Adviser award. For an Adviser to receive this they must be nominated, have Master Adviser recognition, much assist beginning or returning advisers for a minimum of two years after receiving Master Adviser, and they must serve as a current FCCLA Adviser. If your advisor was to receive this it would be because they devoted two years to new adviser assistance, assumed adult leadership roles if FCCLA, conducted adviser workshops, attended training and workshops, and used national and state FCCLA resources

- Triann Krekelberg, Vice President of Resources and Development

## MASTER ADVISOR

This year, Clare Kupcho won the award and was recognized at NLC! For an Adviser to receive Master Adviser they must be nominated, have been an advisor for a minimum of three years, and serve as a current advisor. If your advisor was to receive this award it would be because they have been advising for more than three years, promotes the organization, operates a co-curricular chapter, facilitates youth-centered activities, and keeps up on new happenings within the organization.



## NOMINATE A MENTOR ADVISOR

To nominate an adviser for this award go to [mnfccla.org](http://mnfccla.org), click on "Leadership" and scroll to "Advisor", go to the bottom of the page, click on "Mentor Advisor" and nominate someone! The recipient of this award is announced at Nationals.

## NOMINATE A MASTER ADVISOR

To nominate an adviser for this award go to [mnfccla.org](http://mnfccla.org), click on "Leadership" and scroll to "Advisor", go to the bottom of the page, click on "Master Adviser" and nominate someone! The recipient of this award is announced at Nationals.

# STAR EVENTS AT NATIONALS

Minnesota FCCLA students (106 in National STAR Events)

50 GOLD

46 SILVER

12 BRONZE

## 1ST IN THE NATION

1st Amber Findlay, Career  
Investigation Jr - Wheaton

1st Cassidy Auld, Chapter in  
Review Portfolio Sr - Spring Lake  
Park

1st Angela LeComte, Nutrition  
and Wellness Sr - Wadena Deer  
Creek

## TOP 5 IN THE NATION

2nd Ananda Patel, Leadership Sr -  
Spring Lake Park

3rd Natalie Bot and Tara Thooft,  
Food Innovations Sr - Minneota

4th Darby O'Neil, Leadership Sr -  
Eastview

5th Haley Molstad, Advocacy Jr -  
Kelliher

5th Ada Lee and Amelia Wilt, Digital  
Stories for Change Jr - Badger

5th Olivia Melby, Environmental  
Ambassador Jr - North Branch

## TOP 10 IN THE NATION

6th Kilee Blume, Chapter Service  
Project Portfolio Sr - Herman  
Norcross

6th Emilyanne Kleindl, Sports  
Nutrition Sr - Clinton Graceville  
Beardsley

6th Kiley House and Mia Schmoll,  
Sports Nutrition Jr - Pine Island

6th Abigail Bettendorf - Career  
Investigation Jr, Cambridge-Isanti

7th Molly Krog, Career  
Investigation Jr - Minneota

7th Andrea Richard and Jade  
Sands, Chapter in Review Display  
Sr - Kasson-Mantorville

7th Chase Christensen, Chapter  
Service Project Portfolio Jr - RTR

8th Charlee Miller, Recycle and  
Redesign Jr - Ada-Borup

9th Amanda Lanter, Interpersonal  
Communications Sr - Wheaton





The FCCLA Career Connection national peer education program guides students to develop, plan, carry out, and evaluate projects to discover their strengths and practice career-ready skills. Through their projects, members experience career preparation and improve their critical and creative thinking, interpersonal communication, practical knowledge, and real-world skills.

### Career Connection Units:

**My Skills** - Students learn about themselves and practice being productive, promotable employees as they link their personal interests, skills, and goals to careers.

**My Life** - Students learn to manage interconnected roles in careers, families, and communities by exploring choices and skills that help balance these roles.

**My Career** - Students gain a better understanding of work and learn how to find and land a job.

**My Path** - Students identify steps they can take to reach career and lifestyle goals.

### Awards:

FCCLA offers national recognition to chapters that complete the Career Connection projects. This honor includes cash awards and special recognition at the National Leadership Conference, online, and in Teen Times magazine. Chapters apply online for recognition for their hard work and innovative projects with the National Career Connection Program Award application.

High School Award - \$1,000

Middle School Award - \$1,000

Runner-Up Award - \$500

**Deadline:** Applications must be submitted online to FCCLA national headquarters by March 1. The online award system will automatically close March 1, 5:00 p.m. EST.



Families Acting for Community Traffic Safety (FACTS) is a national FCCLA peer education program through which students strive to save lives through personal, vehicle, and road safety. Teens work to educate adults and youth about traffic safety and support enforcement of local rules and regulations regarding community traffic safety. Youth leaders can help families promote basic safety attitudes that can last a lifetime.

#### Topics:

People - to understand and promote your role as a driver or passenger and keep yourself and others safe

Vehicles - to understand vehicle safety and the role it plays in safety for you and others

Roads - to understand and promote your role on the road as well as the safety hazards you may encounter and how to avoid or react to them

#### Awards:

State Level Awards - \$500 in each state

High School Award - \$1,000

Middle School Award - \$1,000

Runner-Up Award - \$500

\$500 Roadway Safety Achievement (RSA)  
Award sponsored by Joe and Patricia Toole

Deadline: Applications must be submitted online to FCCLA national headquarters by March 1. The online award system will automatically close March 1, 5:00 p.m. EST.



The FCCLA Families First national peer education program through which youth gain a better understanding of how families work and learn skills to become strong family members. Its goals are too: help youth become strong family members and leaders for today and tomorrow and strengthen the family as the basic unit of society.

**Units:**

Families Today - Understand and celebrate families

You-Me-Us - Strengthen family relationships

Meet the Challenge - Overcome obstacles together

Balancing Family and Career - Manage multiple responsibilities

Parent Practice - Learn to nurture children.

**Awards:**

FCCLA offers national recognition to chapters that complete Families First projects. This honor includes cash awards and special recognition at the National Leadership Conference online, and in Teen Times magazine. Chapters apply online for recognition for their hard work and innovative projects with the National Families First Program Award Application.

High School Award - \$1,000

Middle School Award - \$1,000

Runner-Up Award - \$500

Deadline: Applications must be submitted online to FCCLA national headquarters by March 1. The online award system will automatically close March 1, 5:00 p.m. EST.

# FINANCIAL FITNESS

# FINANCIAL FITNESS

The FCCLA Financial Fitness national peer education program involves youth teaching one another how to make, save, and spend money wisely. Through FCCLA's Financial Fitness program, youth plan and carry out projects that help them and their peers learn to become wise financial managers and smart consumers.

## Units:

Earning - sharpen on-the-job financial fitness

Spending - track and plan personal spending

Saving - conquer bank accounts, credit, and investments

Protecting - keep financial and personal interests safe

## Awards:

FCCLA offers national recognition to chapters that complete Financial Fitness projects. This honor includes cash awards and special recognition at the National Leadership Conference, online and in Teen Times magazine. Chapters apply online for recognition for their hard work and innovative projects with the National Financial Fitness Program Award Application.

High School Award - \$1,000

Middle School Award - \$1,000

Runner-Up Award - \$500

Deadline: Applications must be submitted online to FCCLA national headquarters by March 1. The online award system will automatically close March 1, 5:00 p.m. EST







The FCCLA Community Service national peer education program guides students to develop, plan, carry out, and evaluate projects to improve the quality of life in their communities. Through their projects, members experience character development and improve their critical and creative thinking, interpersonal communication, practical knowledge, and career preparation. Youth leaders learn more about themselves, others, and the world so that they can make a difference now and in the future.

### Topics:

**Learn** - Students explore personal values, ethics, and ethical decision-making while evaluating their community needs.

**Lead** - Students learn how to use their leadership skills to serve their community and how to transfer those servant leadership skills to the workplace.

**Serve** - Students are introduced to the critical role community partnerships and advocacy play in serving the needs of others while also developing their own community-based service.

### Awards:

FCCLA offers national recognition to chapters that complete FCCLA Community Service projects. This honor includes cash awards and special recognition at the National Leadership Conference, online, and in Teen Times magazine. Chapters apply online for recognition for their hard work and innovative projects with the National Community Service Program Award Application.

High School Award - \$1,000

Middle School Award - \$1,000

Runner-Up Award - \$500

**Deadline:** Applications must be submitted online to FCCLA national headquarters by March 1. The online award system will automatically close March 1, 5:00 p.m. EST.

# POWER OF ONE



Power of One helps students find and use their personal power. Members set their own goals, work to achieve them, and enjoy the results. The skills members learn in Power of One help them now and in the future in school, with friends and family, in their future at college, and on the job.

## Units:

A Better You - Improve personal traits

Family Ties - Get along better with family members

Working on Working - Explore work options, prepare for a career, or sharpen skills useful in business

Take the Lead - Develop leadership qualities

Speak Out for FCCLA - Tell others about positive experiences in FCCLA.

## Awards:

FCCLA offers national recognition to members who complete all five FCCLA Power of One units. This honor includes special recognition on the FCCLA website and at the National Leadership Conference. To gain recognition for your Power of One accomplishments, complete the Five Unit Recognition Application and submit it to your chapter adviser. Your chapter adviser must then submit your name in the FCCLA Portal by the deadline.

### 2018-2019 Power of One Recipients

Deadline: Names must be submitted in the FCCLA Portal by March 1. The online award system will automatically close March 1, 5:00 p.m. EST.

# STOP THE VIOLENCE



The FCCLA Students Taking On Prevention (STOP) the Violence program empowers youth with attitudes, skills, and resources in order to recognize, report, and reduce youth violence.

## Goals:

- Reach peers with violence prevention education
- Recognize warning signs of potential youth violence
- Encourage young people to report troubling behavior
- Collaborate with school and community resources to address youth violence
- Develop and implement local action projects to reduce the potential for violence in their school.

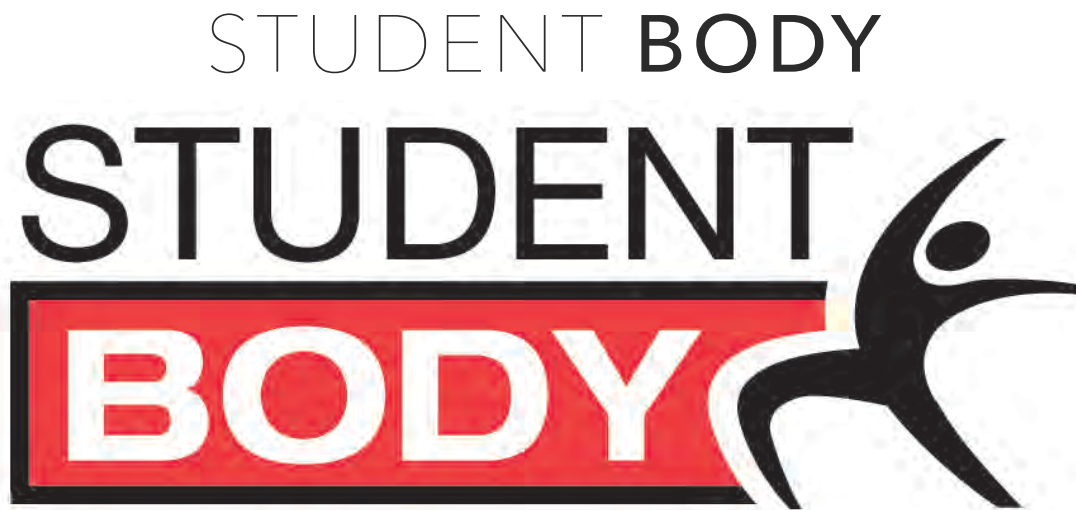
## Awards:

FCCLA offers national recognition to chapters that complete STOP the Violence projects. This honor includes cash awards and special recognition at the National Leadership Conference, online and in Teen Times magazine. Chapters apply online for recognition for their hard work and innovative projects with the National STOP the Violence Program Award Application.

High School Award - \$1,000

Middle School Award - \$1,000

Runner-Up Award - \$500



The FCCLA Student Body national peer education program helps young people learn to eat right, be fit, and make healthy choices. Its goals are too: help young people make informed, responsible decisions about their health, provide youth opportunities to teach others, and develop healthy lifestyles, as well as communication and leadership skills.

**Topics:**

The Healthy You - Empowering teens to make wise food and lifestyle choices

The Fit You - Empowering teens to take charge of their health and their level of fitness

The Real You - Empowering teens to maintain positive mental health

The Resilient You - Empowering teens to live in ways that build emotional health

**Awards:**

FCCLA offers national recognition to chapters that complete Student Body projects. This honor includes cash awards and special recognition at the National Leadership Conference, online, and in Teen Times magazine. Chapters apply online for recognition for their hard work and innovative projects with the National Student Body Program Award Application.

High School Award - \$1,000

Middle School Award - \$1,000

Runner-Up Award - \$500

Deadline: Applications must be submitted online to FCCLA national headquarters by March 1. The online award system will automatically close March 1, 5:00 p.m. EST.



# COMPETITIVE EVENTS



## MN STAR EVENTS

(Alphabetical order)

Event 1 Business of Fashion

Event 2 Cold Sandwich  
Preparation

Event 3- Everyday Equations

Event 4 Ethical Essays

Event 5 FACS of Lifeskills (Junior  
High)

Event 6 Innovations-Fashion &  
Cosmetology

Event 7 Just Like Rachael Ray

Event 8 See What We've Done

Event 9 Senior Buzz

Event 10 Show Me

## FOUNDATIONAL EVENTS

Event 11 About Kids

Event 12 Decisions that Matter

Event 13 Farm to Table

Event 14 FCS Topics

Event 15 Global Call to Action

Event 16 Social Realities

Event 17 Taking Care

Event 18 You, Me, Us

# COMPETITIVE EVENTS



## MIDDLE LEVEL

Baking and Pastry  
Career Investigation  
Chapter in Review Display  
Chapter in Review Portfolio  
Chapter Service Project Display  
Chapter Service Project Portfolio  
Culinary Arts  
Culinary Math Management  
Early Childhood Education  
Entrepreneurship  
Event Management  
Fashion Construction  
Fashion Design  
Focus on Children  
Food Innovations  
Hospitality, Tourism and Recreation  
Interior Design

## ONLINE

FCCLA Chapter Website  
Digital Stories for Change

## SKILL EVENTS

(Skill Events are done at State Conference only)

Food Art  
Knife Skills  
Toys that Teach  
Interviewing Skills  
Impromptu Speaking  
Speak Out for FCCLA  
Technology in Teaching  
Challenges

# AWARDS YOU CAN WIN



## GLOBAL YOUTH SERVICE DAY

**NEW!!!!**

### TRIPLE CROWN OF SERVICE

Take action in your community and discover the difference you can make through involvement in FCCLA's service program!

Complete all 3 service efforts listed and receive FCCLA recognition. We encourage all chapters and members to participate in service!

### PROJECTS IN ORDER TO WIN...

9/11 Day of Remembrance - September 11  
Do a project for veterans, military, or military families.

Martin Luther King Jr. Day - January 20  
Projects for financial literacy, and poverty, and economic insecurity.

GYSD - April 17 to the 19  
Celebrate with Global Youth Service Day throughout the month of April. Hold a local community service project!

### STATE AWARDS

New Member	Alumni Contribution
Chapter Spark	New on the Horizon - Adviser
Ultimate Leader	School Administrator
Honorary Membership	Lois Hagel Leadership Memorial
Alumni Achievement	

### NATIONAL AWARDS

Adult and Adviser
Go for the Red
National Programs
Power of One