

# Minnesota Family, Career, and Community Leaders of America

## The Horizon State Conference Previews 2019

### Goals:

- Row your boat to success
- Catch a multitude of leaders
- Dive Deep into career pathways

## Minnesota FCCLA's 2018-2019

### State Theme...

# LAND OF 10,000

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Hello everyone and welcome to the State Conference Preview of The Horizon, Minnesota FCCLA's publication. In this edition, you will get to take a look at the upcoming MN FCCLA State Conference for 2018-2019. This ranges from The Walk of Stars to Key-note speakers. The State Officer team is excited for all we have planned for this year's state conference. We hope to see you there! We wish everyone an amazing end of the year with FCCLA. With FCCLA you have the power to reach your dreams. Whether you want to be the next President of the United States or teaching our youth, FCCLA will be by your side as you strive to make your dreams a reality. This is what makes Minnesota the land of

10,000 Dreams!

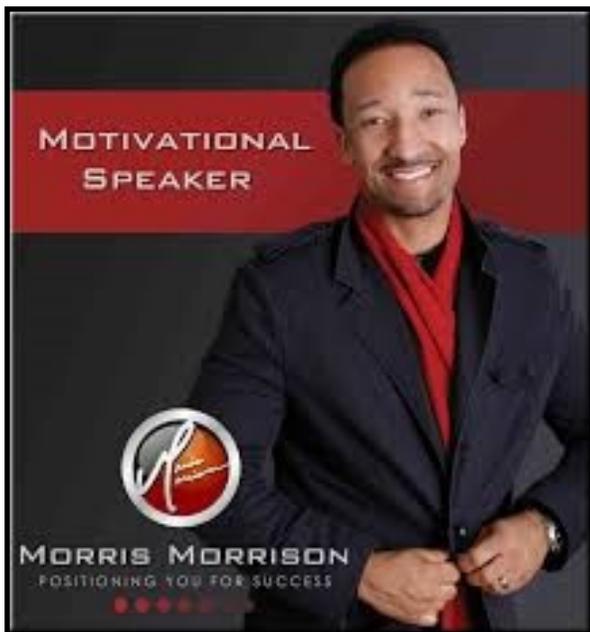
-Matthew Harfmann



# Minnesota Family, Career, and Community Leaders of America

## Thursday Speaker

With the state conference right around the corner, there is plenty to look forward to. One of these is our keynote speaker Morris Morrison. His message is inspiration, transformation, results. Many people have already experienced Morris Morrison's highly inspirational message on stage: now it's your turn! Morris Morrison knows that transitions can be tough for many people and organizations. Known for his high energy and his ability to energize audiences, as a transition expert Morris Morrison has become a voice that many people and organizations depend on to inspire their teams to pull together in the same direction! Morris Morrison's story did not begin on stage - it began with the help and blessings of many "heroes" in his life. He was able to attain his Bachelors and Masters Degrees from Fairmont State University and West Virginia University before navigating the ranks of several fortune 500 organizations, including BB&T Bank and Pfizer Pharmaceutical Company. With a background including Human Resources and Sales, Morris Morrison was equipped with an organizational mindset that focused on two important areas: developing people and executing results.



Known for his presence and energy on stage, Morris Morrison is quickly becoming known for celebrating his biggest accomplishments off stage in his role as husband and father to Lisa and Dori. His unforgettable message sounds like a Hollywood script that you will never forget, as Morris Morrison uncovers the connection between culture, spoiled soccer kids, Netflix, and the #1 topic dominating everyone's mind today - how to get the results that we want; faster. You will hear this amazing message at our state conference.

-Matthew Harfmann



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## Craig Scott

On April 20, 1999 Columbine High School experienced a horrible school shooting. Craig Scott, a sophomore at the time, watched two of his friends get shot and killed, and his sister Rachel was also shot and killed. Going



through Rachel's belongings, Craig and his parents found the legacy that she left to be shared with the world. Rachel had a theory that just one small act of kindness could start a chain reaction of spreading joy. Craig began speaking in schools at the age of 18 sharing Rachel's story and challenging students to start a chain reaction. We have the privilege of hearing from Craig Scott at our state conference this year. Get ready to start a chain reaction of kindness through FCCLA!

-Mariah Olson

## Jerrid Sebesta

At this year's Minnesota State Conference, we are looking into a speaker named Jerrid Sebesta. Since 2014, Jerrid has given his "Living the Dream" message to over 150 different audiences ranging from CEOs and executives to high school students and sales teams. The goal of his message is to motivate and inspire people to live free with greater purpose and impact at work and at home. Personal finances play a crucial role in "Living the Dream" Jerrid has been hired by numerous companies, associations and non-profits to teach financial wellness workshops. His unique set of life experiences combined with his effective teaching style provides for an engaging and impactful seminar.

-Kennedy Truscinski



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## “Buckle Up-Arrive Alive” Workshop

State Officers Matthew Harfmann, Ava Holtz, and Massen Kunerth will be leading a workshop on seat belt safety for 7th graders. In this workshop, attendees will learn the importance of always wearing their seatbelts through fun and engaging activities. Members will have a chance to learn about the different types of seatbelts and when they should be worn. They will also get a chance to test their own seat belt buckling skills in a seat belt buckling race! Members will work on ideas for seat belt safety that they can bring back to their own community. This workshop is for grades 5-7 students.

## “Healthy Habits” Workshop

Many people come each year to State Meeting. In fact, over a thousand students and advisors come each year from all parts of Minnesota to learn new things, meet new people, and have fun. Many students come because they have worked hard on a STAR Event and they have come to present it. But presenting a STAR Event isn't the only thing you can do at State Meeting. There are many different activities you can participate in at State Meeting. One of those activities is to attend a workshop for your age group. Workshops are a way to learn more about a specific topic or program that interests you. I'm going to give you a look at just one of the workshops that will be held this year at State Meeting. This workshop is for students in eighth grade and will teach students more about the National Program Student Body. Student Body can teach you healthy habits you never even imagined. The Student Body program has four modules. These modules are: The Healthy You, The Fit You, The Real You, and The Resilient You. There will be fun and educational activities for each of these modules. This workshop will be led by two state officers, Mariah Olsen and me, Kieran Sween. I hope to see all of you eighth graders there! This workshop is for grade 8 students.

## “Dream It and You Can Do It” Workshop

Calling all 9th grade students attending the state conference in March! Join the president and president-elect of the state for an exciting workshop on the Power of One, this is a national program that you can complete individually. The Power of One has 5 units: A better you (Improve personal traits), Family Ties (Get along with family members), Working on a Working( Explore work options, prepare for career, or shape skills useful in business), Take the Lead (Develop leadership qualities), and Speak our for FCCLA (Tell others about positive experiences in FCCLA). This program gives you the power to make a positive change in you family, career, and community. Learn how each of the 5 modules can help you set a goal and achieve it, for example, have you ever wanted to spend more time with your family? In the family ties module you will get ideas to do activities to do with your family. We will also briefly share ideas and do interactive activities about each module, if you complete all 5 modules you can earn recognition from National FCCLA. Join us to set goals and achieve your dreams! This workshop is for grade 9 students.



# Minnesota Family, Career, and Community Leaders of America

## “Learn, Earn and Succeed” Workshop

Hey 10th grade FCCLA members, we have a special opportunity just for you! This year we have a 10th grade workshop that focuses on Career Connections and Financial Fitness. You will be discovering how you learn and what careers would be beneficial to you based on your learning style. You will also get your “paid” to see how you will need to make decisions on whether to save or spend your money. We will have lots of fun, moving activities, and time to learn about yourself

## “Learn to Lead” Workshop

State Officers James Drewicke and Lindsey Roemeling will be leading a community service workshop for the 11th graders at the state conference. In this workshop, juniors will learn about the national peer education program, Community Service, and briefly cover the 3 modules which are lead, learn, and serve. Members will have the chance to network and make new connections through ice breaker activities, learn about their leadership traits, and create a community service project that they can take home and do in their chapter. Members will share ideas and service project ideas to spark some creativity that they can take home and serve their community with! This workshop is for grade 11 students.



# Minnesota Family, Career, and Community Leaders of America

## Service Parade of Chapter posters about service projects

Minnesota FCCLA is currently challenging chapters to make an impact in their local communities! This year during the Minnesota FCCLA State Conference, students from chapters that have completed a Service Project STAR Event will receive on stage recognition. All students are asked to bring in a display board of pictures, data, and research of the project that they've worked very hard on this year. After that students can attend a meeting about the benefits of serving your community. Then students will display their projects to other members in the service parade during opening session. The display boards will also be on display in the North Tower Lobby by Atrium 1-6 throughout the conference. This is an excellent way to show other chapters what you've accomplished this year. It's also a great opportunity to get ideas from other chapters for future STAR Event projects you might want to implement in your community in the future. Show off your service projects to everyone at the Minnesota State Leadership Conference this year during the annual service parade!

## Miss MN USA 2018

This year at the Minnesota State Conference we are excited to have for Miss Minnesota Kalie Wright speak at a session. She is a great speaker and has a powerful message explaining that failure is a huge part of growing as a person. She spoke at the Central West Area conference and was delighted to join us at state conference. She has a great message about dreaming and also failing at your efforts. She also was also the 2015 Miss Idaho. She was born in Boise, Idaho and then her family moved to Kimberly. She then graduated from Kimberly High School and received a volleyball scholarship. We can't wait to hear more from Kalie.



# Minnesota Family, Career, and Community Leaders of America

## Excited to have Leaders Running for Office!

Do you have a dream of running for a State, Area, or Peer Education Officer position? Area and State Officer candidates have applied for candidate positions. Their responsibilities include taking a test about Minnesota FCCLA, answering FCCLA related questions, as well as writing and delivering short speech!

(Psst! We encourage you to begin studying the information on the state and national websites as well as the 2019 mini handbook in order to be best prepared!) By becoming an officer, you will be provided opportunities to expand your knowledge of FCCLA, discover new leadership abilities, network with leaders from around the state and country, and so much more! Minnesota FCCLA hopes to receive your application soon! Good luck!

## Silent Auction

What secret hidden talents are hidden in your chapter, maybe you have a silent auction basket making skills! All the proceeds from the silent auction go to helping with future leadership programs for FCCLA members. We are hoping to raise lots of money to help in the future with any questions feel free to email my advisor Michele Lindquist, [m.lindquist@komets.k12.mn.us](mailto:m.lindquist@komets.k12.mn.us), or Ava Holtz, [a.holtz2019@komets.k12.mn.us](mailto:a.holtz2019@komets.k12.mn.us).



## Walk4Water

If you enjoyed Walk4Water at last year's state conference, get excited because it will happen again at the 2019 State Conference! FCCLA Members will carry buckets of water on the given path and earn points for their area. There will also be a **power hour**, in which **point values double**, and members are able to donate money to take points away from another area of their choice. We will announce when power hour is at the State Conference, so be on the lookout to help your area win! The area with the most points will get to sit in the front at a speaker session. It is also important to know why FCCLA members are walking around with buckets. Every day in developing countries, women and children walk up to 4 miles to get water, and most of the time it is dirty water. Walk4Water brings awareness to this situation that plagues developing countries and works towards building wells in these countries to give clean water to those that desperately need it. Support the cause and walk for water at the State Conference!



# Minnesota Family, Career, and Community Leaders of America

## Scavenger Hunt-Career Surveys

This year, we are trying something different with our annual career fair. Instead of having different organizations and businesses that you can talk to we are having a scavenger hunt. You will be able to explore the hotel and figure out which career path is the right one for you. You will have a survey with clues around to determine a career path suited for you. On Friday, you will also be given a prize if you answer all the questions and show the scavenger hunt table your completed screen. Now get out there, find those clues, and discover your



**Wow!**

**Such a great line up of awesome speakers! You will be challenged, inspired and in awe of the messages of the State Conference speakers!**



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## Talent Show

This year at state conference you won't want to miss out on the Talent and Dance Showcase! We have acts from all Areas both senior and junior categories. Come check out the acts in the Ballroom on Friday to see how some members choose to show their talents. Come check out the Talent and Dance Showcase at state conference, you won't want to miss it! I hope to see you there!



## Walk of Stars

Are you ready to walk among the stars? At this year's state conference, you will be able to do just that. At the academy awards on Friday night, those recognized for their excellence in STAR events will take a walk among the stars. From the sparkling stars on the walls to the bright star inside each of you, this year's academy awards will be shining brightly.



## Membership Party

Who is excited for Minnesota State Convention. I know that I am. One of the highlights of this year's event is our membership campaign. The dance party will be held Thursday night on the first day. The theme for the membership party this year is glow. There will be glowsticks and black lights and all things glow. To attend the party for free you have to have an increase. We ask that you wear a black shirt to the party for fun. We can't wait to see all the new members of FCCLA and we are so excited for the membership party this year.



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## Shadow Day

What better way to learn about our government than to have a hands on experience with it! This year Minnesota FCCLA had a record high for applicants with 48 people! This year we met the Governor and First Lady! The objectives of Minnesota FCCLA's Shadow Day are to increase a member's awareness of state government and the political process, see first-hand the elected officials work, develop an awareness of current issues (especially those relating to families), explore career options in public service, and educate local chapters, schools, and communities about the impact of the shadowing experience. This event also relates to four of our national programs including: Career Connections, FACTS, Families First, and Power of One.



## STAR Events at State

Congratulations to everyone who competed in STAR events at your area meeting and who advanced to the State Conference! For State Conference there are a few tips that you should follow for competing in your event. Time is precious! Make sure you show up to the room your events is in at least 20 minutes before you compete. This allows for time to practice and if your event is running late or early. Also, make sure you bring all your materials! Before you leave for State make sure all materials you need for your event is packed and organized, this makes sure that you don't lose anything and you have everything to present at your very best. The last tip is to be confident when presenting! Don't be afraid to be your very best while competing. Also, make sure you attend the STAR event orientation, it is mandatory for all STAR event competitors. I hope you all do well at State, good luck!



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## November Summit

Over 200 of our members had a great time at November Summit. They learned lots from Sharon Pierce who was the keynote speaker, she gave a phenomenal workshop about stop the violence. Here are some results from the survey we handed out at the end of summit. Over half of all grades said they learned something new and most grades said that over half of them met new people at summit. If you were not able to attend November Summit you are in luck!



There will be a follow up session at State Conference.

## FCCLA Week

How was your FCCLA week? Did you make sure to get out there and promote FCCLA? We would like to thank all of our MN FCCL members for their support in promoting FCCLA during our 2019 FCCLA week. We received plenty of pictures from members and chapters across the state in their efforts to spread our organization and help their communities.

## Area Meetings

Our area and midwinter meetings have occurred over the past few months, and we hope you had an amazing time connecting with your fellow FCCLA members! Whether you competed in a STAR event or not, we are sure you worked hard to improve your skills as an FCCLA member. We hope your FCCLA area and midwinter meetings were a blast, and can't wait to see you at this year's state conference.

