

Minnesota Family Career and Community Leaders of America

The Horizon Fall Issue 2016

Minnesota FCCLA 2016-2017 State Theme...

DARE TO EXPLORE

It's time to announce the 2016-2017 Minnesota FCCLA State Theme! Drum roll please...

Dare to Explore with FCCLA



- D** Define Goals
- A** Accept challenges
- R** Recognize your leadership potential
- E** Expand our futures through FCCLA

When you begin an adventure you must first define any goals you may have as an individual, as a group, and/or as an organization. Without goals, no one would be able to accomplish anything. Goals are the destination of your adventure. You then must accept the challenge. This could be the challenge of starting the adventure. It could be overcoming a personal

challenge, or it could be one that the group or organization faces. Everyone is met with different challenges throughout their adventures.

It's up to you to accept the challenge and face it head on to overcome. One of the most important parts of an adventure is recognizing your leadership potential. Whether you're exploring new opportunities as an individual, or if you're exploring with a group, everyone has leadership potential that they can use throughout the journey to reach their goals. Lastly, new adventures bring new opportunities that enhance our future when we do dare to explore. We are enhancing our future as individuals, we are also enhancing the future of our organization, our communities, and our world. That is why is it so important to **DARE to Explore with MN FCCLA!**

New State Theme	1
National Conference & Camp	2
National Candidate Interview	3
State Officer Bios, Area Officers	4-9
STAR Events	9
NLC Business Meeting Update	10
National Programs	10-11
Dates and Deadlines	12

2016-2017 State Theme

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National Conference – Awards

This year Minnesota FCCLA had 186 delegates attend the National Leadership Conference in San Diego, California. Two schools received awards at Nationals. Wadena Deer Creek was the Student



Body Program National Winner of \$1000. Their project titled “We Scare Hunger” was inspired by their local food-shelf. They wanted to help local families that needed help. The chapter got their message out by using social media about what they were going to do. They were going to go trick-or-treating for food items that they could give to their local food shelf. During that night the members received 640 pounds worth of food that they could give to their food shelf. For their follow up, the members gave a workshop to the people who donated about how their contributions helped their community. Spring Lake Park was awarded two different awards. Their chapter was a runner up in the Career Connection category at Nationals. The chapter created a project called “Getting in Gears for Family Careers”. The members created a career/college fair which included jobs related to Family and Consumer Sciences. The career fair provided opportunities for the students to interact with workers in a specific job field. Spring Lake Park also was awarded \$5,000 in charitable grants and \$2,000 worth of technology products. This was awarded through Lead2Feed. Congratulations to these chapters for their amazing representation of Minnesota FCCLA!

Written by Mya Christensen, Minnesota State President-Elect

2016 Minnesota FCCLA Leadership Camp

July 26-28, 50 members gathered at Bethel University to attend the annual FCCLA Leadership Camp. The opening session was full of fun, including the state theme skit, which introduced our state theme for 2016-2017, and an overview of the plans for the year. We developed leadership training workshops, including one on the new contests that will be turned in at the Fall Area Leadership Conferences in November, information on the different contests will be available on the Minnesota FCCLA website - mnfccla.org. The evening ended with all the Area Officers showing off their presentation skills. On Wednesday, we learned with an awesome trainer Petty Hendrickson. State Officers worked with their Area Leadership Teams. The evening ended with a lip sync contest. On Thursday everyone received their FCCLA red jackets in a ceremony. We then finished Leadership Camp with Area Leadership planning. Minnesota FCCLA Area Officers were very lucky to have so many leadership opportunities and learning experiences at the 2016 FCCLA Leadership Camp!



Written by Mya Christensen, Minnesota State President-Elect

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Being an FCCLA Adviser

Being an FCCLA Adviser can be a challenging job, but it can also be rewarding. Minnesota FCCLA is proud of all of our advisors. One MN FCCLA has received a national award!



Katie Pollock, from Hinkley-Finlayson, is a relatively new advisor. She started teaching FACS and advising her FCCLA chapter, in the past few years. She has won the Spirit of Advising Award which "recognizes chapter advisors who are constantly faithful, often quietly working behind the scenes to ensure the success of their students." I had the opportunity to talk with Ms. Pollock about winning this award. Katie also was the first MN adviser to apply for and attend the National FCCLA Adviser Academy in 2015-2016.

What was running through your mind when you received the notification that you had won the award?

I was surprised and excited all at the same time! I had heard of other awesome advisors receiving this award in past years and I felt honored to be one of the recipients.

What makes you the most happy when advising your FCCLA chapter?

I find the most happiness when members from the chapter come to me with ideas and a plan of how they want to execute that idea! I love seeing students step up and take action for something they care about and FCCLA is the perfect organization to help students plan and carry out their ideas!

Since you are a relatively new advisor, what is one piece of advice you would give to NEW advisors and what is one thing that surprised you when you first started?

As a new advisor I found it helpful to get in contact with other advisors in my Region so I could ask questions and share ideas. I also found it important to talk with my principal about FCCLA and what we are about. My principal was excited and surprised to hear about all the different things FCCLA does and gave me ideas for some volunteer opportunities within the school district and community.

I started my FCCLA journey as a student member in 6th grade, now that I am an advisor I have a whole new perspective on how much behind the scenes work goes into a successful FCCLA chapter, region and state.

With Unlimited Possibilities,

written by Jacob Just-Minnesota FCCLA State President



Adviser Interview

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State Officer Bio



Hi, I'm Jacob Just, Minnesota FCCLA State President. My favorite STAR event is Chapter Web Design because I competed in it and was one of 20 people in the junior category, at the time, to go and compete at NLC. It is also an amazing marketing tool for chapters.

My favorite part of being in FCCLA is traveling and meeting new people. The most embarrassing moment in FCCLA was accidentally giving away an answer on a test. My favorite food is lasagna, my favorite drink is water! I admire former US Senator Milton Young from North Dakota. He was from an extremely small town in North Dakota and was a US Senator for 30+ years and on one of his last days in Congress, he was named President Pro Tempore for a day. My favorite movie is Olympus has Fallen directed by Antoine Fuqua. My favorite TV show is Madam Secretary. My favorite cartoon character is Spongebob. My dream vacation would be seeing the British Parliament in session.



Hi, I'm Mya Christensen, Minnesota FCCLA President-Elect. I've enjoyed every STAR Event that I have done so far! But if I had to pick a favorite, I would say National Programs in Action because I was able to help my community in a positive way through my project. My favorite part about FCCLA is meeting new people from

different chapters and even different states when attending Nationals, which is another one of my favorite parts!! My most embarrassing moment in FCCLA was when we were at Nationals last year and our group brought some snail shells back to our really fancy hotel. By that night, our room stunk so bad so we knew we had to get rid of them. So one of my roommates was told to dispose of them and she took them to the lobby and threw them in the garbage there! My favorite food is pizza and my favorite drink is water. My favorite movies are the Harry Potter, Divergent, and Hunger Games series. I LOVE the books! My favorite TV show is Grey's Anatomy. I admire Malala because she is a strong independent woman who stands up for what she believes in. If I could go anywhere, I would love to travel to Paris to see the Eiffel Tower!

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Hi, I'm Johannah Nielsen, Minnesota FCCLA State Secretary. My favorite STAR Event is National Programs in Action because I love how broad this STAR Event is. It allows members to incorporate not just one but multiple National Programs into their project. It is also very interesting to see all of the different and unique projects within this STAR Event. My favorite part about FCCLA is hearing all of the amazing stories of the service work that Minnesota FCCLA members are doing in their communities. My most embarrassing moment in FCCLA was this summer at NLC when I almost broke my ankle at the Opening General Session. I was standing on one of the chairs (don't worry, I didn't have shoes on) to help hold up the flag and let people know where the Minnesotans were at. I went to turn around while still standing on the chair and as I did the back part of the seat tipped down when I put my foot on it so my foot fell through but got kind of caught in the chair when I fell. Of course, everyone around me giggled and laughed while asking me if I was okay. We all laughed a little more when one of the national officers made an announcement shortly after that telling everyone not to stand on the chairs. I greatly admire my dad for his strong work ethic. It is something he has instilled in myself and my siblings throughout our lives so far and continues to do each and every day. My favorite food is chicken or shrimp alfredo with garlic bread. My favorite drink is Mountain Dew. I don't really have one specific favorite [movie] that I can think because there's too many that I like to be able to pick one favorite. Some of my favorites are Forrest Gump, Pitch Perfect (1 and 2), and Secretariat. Again, same situation with TV as the movies, (I'm a very indecisive person in general) because there are too many good TV shows. Some of my favorites include The Bachelor/Bachelorette, Big Brother, and The Big Bang Theory. My favorite cartoon character is Scooby-Doo and Shaggy! (I know that's two, but they always come as a package deal!) My dream vacation would be to go to either the Bahamas or travel around Europe. I've always wanted to go somewhere tropical like the Bahamas, but it's also always been my dream to travel Europe and possibly find some family lineage in the countries that my ancestors are from.



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State Officer Bio



Hi, I'm Gracie Vathauer, Minnesota's Representative to the Board of Directors. My favorite STAR Event is Chapter in Review Display/ Portfolio because I believe that is the easiest way to show off and recap what my chapter has accomplished within that year. My favorite part about FCCLA is talking with people and meeting new people at the local, state, and national levels. My most embarrassing moment in FCCLA was when we were in San Antonio, our chapter and I was walking down the street and everyone else parted down the center of the sidewalk, everyone but me, and so I walked directly into the hand guide rail. I mean why would someone put a handrail in the middle of the sidewalk?! Beats me! My favorite food, hands down, is ice cream, any time of the year or day. I had a dilly bar at 5 in the morning before I left for Nationals one year. My favorite flavor is really any kind from the Schwan's truck. My favorite drink(s) are lemon water (and I do eat the lemons) and chocolate milk! My favorite movie, this one is very hard for me as I am a movie nut especially Disney and really any play/musical. I guess my favorites would be Walk the Line, Jungle Book (the animated version), Tuck Everlasting, Chicago the Broadway Movie, and Brother Bear 1 & 2. My favorite TV shows are The Night Shift and Chicago Fire/Med/PD. My favorite cartoon characters are Scooby Doo and the Mystery Gang, & Tom and Jerry. I admire Rosa Parks because she saw a problem in our country and she tried to fix it and stood up for herself and others. My dream vacation spots are Australia and Switzerland.



Hi, I'm Taya Lindquist, the Minnesota Vice President of Resource and Development. My favorite STAR Event is Career Investigation because it allows individuals to gain a better understanding of a field of their interest. My favorite part of FCCLA is meeting new people and attending the National Leadership Conferences. My most embarrassing moment in FCCLA is almost getting lost in Washington D.C. My favorite food is popcorn. My favorite drink is hot chocolate. My favorite movie is Harry Potter. My favorite TV show is Once Upon A Time. My favorite cartoon character is Scooby Doo. A person who I admire is my father because he always inspires me to do my best. My dream vacation spot is Geiranger Fjord, Norway.

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Hi, I'm Bethany Janssen, the Minnesota Vice President of Public Relations. My favorite STAR Event is Environmental Ambassador because I love showing what we can do to improve the condition of our environment. My favorite part about FCCLA is traveling and talking with new people. My most embarrassing moment in FCCLA was at the June Executive Council meeting. I went upstairs to make a cup of tea and all of the other female officers didn't know where I went and got very worried about me and got my advisor to come and look for me. At first they thought that I drowned in the pool then when I wasn't there they got really worried! I didn't know this was going on and I started playing solitaire while waiting for my water to boil. Then Mya and Johannah found me and went, "There you are!" and then went and got my advisor. I was very confused and then my advisor came upstairs and started laughing. She then told me about this whole episode and we both had a good laugh! My favorite food is ranch chicken with fresh garden salads and fresh vegetables. My favorite drink is Trumoo chocolate milk (I'm very particular about my milks). My favorite movie is any of the classic Disney movies. My favorite TV shows are White Collar, NCIS, NCIS LA, and Sherlock. My favorite cartoon character is Tom and Jerry (can't have one without the other). I admire my Grandpa Janssen because he is always calm and has a GREAT sense of humor! My dream vacation is going to Australia for about a week and then stopping in Hawaii for about 2-3 days.

Meet the Area Leadership Teams-Southwest

Hi, I'm Abigail Allen, Southwest Area Secretary. My favorite STAR Event is Chapter service project display because you get to show off what your chapter has done. My favorite FCCLA memory was going to State and meeting a bunch of cool friends. My most embarrassing FCCLA memory was falling down the stairs in 3 inch wedges at Regions.

Hi, I'm Zachary Thier, the Southwest Area Treasurer. My STAR Event is Chapter Service Display because it is fun to give food to people (that's what I did it on). My FCCLA memory is running for an area officer position. My most embarrassing FCCLA memory was right before I was going to present I realized I didn't have my dress shoes on.



Leadership activity at FCCLA Leadership Camp in July

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Meet the Area Leadership Teams

South East

Hi, I'm Ava Holtz, the South East Area President. My favorite STAR Event is life event planning because you can do almost anything you want to. My favorite memory would be going to nationals. My most embarrassing memory is tripping before going onto stage.

Hi, I'm Kieran Sween, the Southeast Area JHC. My favorite STAR Event is entrepreneurship, because that's the only one I've ever done. My favorite FCCLA memory was when I found out I was going to nationals. That was so exciting! My most embarrassing FCCLA moment was when I was on stage answering the two questions after my speech and I gave a completely wrong answer, and I was so sure I had it!

Central East

Hi, I'm Emma Burns, President of the Central East Area. My favorite STAR Event is Advocacy because I can help people. My FCCLA memory was when I applied to be an officer, me and a friend both ran and were elected! My most embarrassing memory was while I was giving my officer speech and I had to restart it because I messed up all of the words and everyone was laughing, but I pulled it through!

Hi, I'm Allison Anderson, the Central East Treasurer. My favorite STAR Event is National Programs in Action because I have a lot of experience with STOP the Violence. My favorite FCCLA memory is doing STAR Events and going to State Conference! My most embarrassing FCCLA moment was when I got lost at State Conference, I couldn't find the training room!

Hi, I'm Abygail Leopold, the Central East Junior High Council. My favorite STAR Event is Leadership Service in Action because it's the only STAR Event I have ever done! My favorite FCCLA memory is when I went to State Conference and got to see how many people are in FCCLA. My most embarrassing FCCLA moment was giving my officer speech and I totally spaced it out and had to wing it, but it turned out ok!



Officer Teams

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Central West

Hi, I'm Maria Ricks, the Central West Area President. My favorite STAR Event is Illustrated Talk because it lets you voice your opinion on something that you feel strongly about, and also spread the word to other people. My favorite FCCLA memory is becoming a better person and making new friends in general. It would be hard to pick just one. My most embarrassing FCCLA memory was that last year I was JHC for Region 6. At our region meeting my officer team was not well prepared for the welcoming skit, which included presenting the state theme. We completely got our order mixed up, and forgot half of the words. It was my first event as an officer so I was pretty embarrassed, but I used that experience to better prepare myself for any future meetings/presentations.

Leadership Camp heard from Jesse Amo of The Happiness Home orphanage in Tanzania



Hi, I'm Austin Morrow, the Central West Area Vice President. My favorite STAR Event is Food Innovations because I did the project with my best friend and twin brother and received a gold medal at Nationals. My favorite memory of FCCLA was going to nationals in D.C. The entire trip was a great experience and I loved spending time with my FCCLA family. My most embarrassing moment from FCCLA was when running for office I gave a speech, and I froze up on stage!

Here is a peak at the Competitive Events Guide and opportunities.

MN FCCLA STAR Ev	STAR Events-	Foundational	STAR Events-	STAR Events-Career	Online STAR Events-
Ev 1- Everyday Equations	Illustrated Talks Ev12 Child Care	Ev23 Career Investigation	Leadership Events Ev 34 Advocacy	Preparation Events Ev 41 Applied Math/Culinary Management	no state involvement-national only Chapter Website
Ev 2 FACS of Life-skills	Ev 13 Foodies	Ev 24 Entrepreneurship	Ev35 Chapter Service Project	Ev 42 Culinary Arts	Digital Stories for Change
Ev 3 Ethical Essay	Ev 14 Global Call to Action	Ev25 Environmental Ambassador	Display	Ev 43 Early Childhood Education	
Ev 4 See What We've Done	Ev 15 Social Zone	Ev 26 Focus on Children	Ev36 Chapter Service Project	Ev 44 Fashion Construction	Middle level Middle level Show N Tell
Ev 5 Senior Buzz	Ev 16 Taking Care	Ev27 Interpersonal Communication	Portfolio	Ev 45 Fashion Design	Middle Level Project Display and manual
Ev 6 Show Me	Ev 17 Leadership in Careers	Ev28 Job Interview	Ev37 Chapter in Review Display	Ev 46 Food Innovations	Middle level Illustrated Talk
Ev 7 Just Like Rachael Ray	Ev 18 My Relationships	Ev29 Leadership Add Jr Category	Ev 38 Chapter in Review Portfolio	Ev 47 Hospitality, Tourism & Recreation	
Ev 8 Say Yes to FACS	Ev 19 Empower the Family	Ev 30 Life Event Planning	Ev39 National Programs in Action	Ev 48 Interior Design	
Ev 9 The Business of Fashion	Ev 20 Money Matters	Ev31 Nutrition and Wellness	Ev40 Promote and Publicize	Ev 49 Sports Nutrition	
Ev 10 Innovations-Fashion & Cosmetology	Ev 21 Design-Matters	Ev 32 Parliamentary Procedure		Ev 50 Teach and Train	
Ev 11 Cold Sandwich Preparation	Ev22 STOP The Violence	Event 33 Recycle and Redesign			



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National Business Meeting Recap -Parliamentary Procedure Can be Dramatic!

The FCCLA National Leadership Conference was in July, and one of the highlights is the Business Meeting, held on Wednesday of NLC. At the meeting, the voting delegates from every state take up Amendments to the National By-laws. This year, there were 3 amendments on the table. One was to allow the National Board of Directors to determine the location of all



board meetings. The second would allow the board to decide when they should have meetings. Finally, the third amendment was the most controversial. It would remove representative from AAFCS, FCSEA, ACTE, the Department of Ed, and all but one from NASAFACS, to an "Advisory Committee". The first two amendments were defeated, and the last amendment was postponed indefinitely.

Minnesota FCCLA had three voting delegates, including myself, Johannah Nielsen, and Mya Christensen. We joined other states as we voted against the first two amendments and voted to postpone indefinitely the third amendment.

Written by Jacob Just-Minnesota FCCLA State President

National FCCLA Programs



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MN FCCLA State Conference this year is to be held March 23rd to the 25th. Our theme is DARE to explore with MN FCCLA. We plan on having a career fair, fun speakers, election of new officers, and a silent auction. The career fair is going to have lots of booths, including the branches of the military, culinary specialists, and people from many FACS related areas, and many more. We plan on having VERY cool speakers this year, (sorry no hints as to whom!) We will be electing a new State Officer team, and the new Area teams. I hope that we can fill up all of our positions this year!

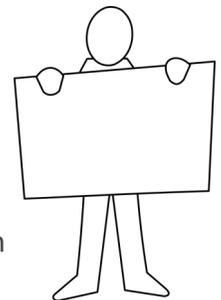


Contests for FCCLA Fall Conferences

Get ready to be involved! We are going to have a poster, photo, and video contest at Fall Conferences! This can be done by individual members or as a chapter. For more information on these contests, visit mnfccla.org. Good luck and have fun!

1. Poster Contest

Any group of members may submit a poster. Some ideas for this poster contest can be a membership campaign, a service project, or simply promoting FCCLA! Members will deliver their posters to their Area Fall Conferences at the registration table, or otherwise noted at the Conference. Projects are then graded by FCCLA Officers, Advisors and other adults. Each Geographical area will have a winner and every winner will receive an award onstage at State Conference in March 2017.



2. Photo Contest

The photos must be photographed by an FCCLA advisor or member. There is a limit to one photo entry per advisor/ member per chapter. The photo needs to be FCCLA related and have at least 3 members in the photo. It needs to be FCCLA appropriate. One week before your fall area leadership conference is the deadline for the photos to be judged. The winner will be awarded at the Geographical Area Conference.

NOTE TO ADVISORS: Before the photo is submitted, you must "ok" the photo to be sure it follows the contest guidelines. You, the advisor, then emails that photo to the President of your Area Leadership Team with this information: date picture was taken, chapter name, and photo caption.

3. Video Contest

The video topic is increasing membership in FCCLA. The maximum length of the video is 3 minutes. Submission of the video is due at the 2016 Geographical Area Conference fall meeting. The video is to have been developed by FCCLA members as an individual, team, or chapter. The advisor's signature must be on the entry form and that form must be submitted with the video. The prize will be recognition at State Conference and in the Mini Handbook, it will be played at the State Conference, and will be posted on the state FCCLA website as well.



Upcoming Events

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CALENDAR OF EVENTS



Upcoming Events

Deadlines and Events

- o September 18 and 19 Advisers Training-Bloomington Doubletree
- o Dues- Membership Affiliation November 1, 2016
- o STAR Event Entry Deadline- Region level- January 6, 2017
- o Registration for Shadow Day due- January 13, 2017
- o Shadow Day- February 1 Wednesday
- o Mid winter meetings: January 2-to Feb 1, 2017
- o State Conference Deadline: Feb 3, 2017
- o Candidate Application Deadline: February 10, 2017
- o State Awards Deadlines: February 7, 2017
- o State Conference March 23-25, 2017
- o National Conference- July 1-6, 2017 in Nashville
- o NLC Deadlines registration for MN Delegates: April 14, 2017

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