Show Me

**Ev 06 Show Me,** an individual or team event up to three participants, demonstrates your ability to show someone how to do something that could be used to improve personal, peer, community or family life. Participants will complete a demonstration that will teach others how to achieve or do an activity, organize an event or complete a project. **This is not a national event.**

**Event Categories**

Junior: through 9 grade

Senior: grades 10-12

Occupational

**Eligibility**

1. Participation is open to any state and nationally affiliated FCCLA chapter member.

2. The Show Me project must be developed and completed within a one-year span beginning July 1 and ending April 14 of the school year before the school year of state meeting.

3. The Show Me project and all supporting materials must be planned, conducted and prepared by the participant (s) only.

**Components of this event**

1. File Folder

2. Oral presentation- 15 minutes. The audio or video can be 1 minute.

3. Interview with evaluators- 5 minutes

**Procedures & Time Requirements**

1. Each entry will submit a file folder with required documents to the events room consultant at the designated participation time.

2. Room consultants and evaluators will have 5 minutes to preview the file folder before the presentation begins.

3. Participants have 15 minutes to set up.

4. Other persons may not assist.

5. Oral presentation may be up to 15 minutes in length.

A one-minute warning will be given at 14 minutes.

Participants will be stopped at 15 minutes.

6. If audio and audiovisual recordings are used, they are limited to 1 minute playing time during the presentation.

7. Following the presentation, evaluators will have 5 minutes to interview participants.

8. Evaluators will use the rating sheet to score and write comment for participants. Then evaluators will meet with participants to discuss strengths and suggestions for improvement.

9. The total time that is required for this event is approximately 45 minutes.

**General Information**

1. A table will be provided. Participants must bring all other necessary supplies and/or equipment. Wall space will not be provided. Extension cords and power strips are not provided.

2. Spectators may observe the presentation of this event if space allows.

3. Possible topic include, but are not limited to, teaching holiday traditions, home repairs, fitness activities, grooming a pet, time management methods, team building activities, organizing a room, newsletter creation, computer programming, using a computer, making a nutrition snack and other activities.

4. Inappropriate choices would include weapons, dangerous tools, or visuals that are overly large, difficult to transport or keep in hotel and school setting.

**Participants-BRING 3 copies of the Evaluation rubric to the Area Mid winter competition and I copy of the rules for evaluators.**

**Event 6 Show Me Specifications**

**File Folder** Participant must submit to the event room consultant at the designated participation time one letter-size file folder containing three identical sets that contain copies of the documents listed in the chart below. Each set of documents must be stapled together. When view horizontally, the file folder must be labeled in the top left corner with name of event, category, participants' names and state.

|  |  |
| --- | --- |
| Project Identification Page | Include 8 1/2" x 11" project identification page containing participants' names, school, city, state, and demonstration title. No other information or graphics should be placed on the project identification page. |
| FCCLA Planning ProcessSummary | Summarize how each step of the planning process was used to plan and demonstrate the project. It should not exceed one 8 1/2" x 11" page. Use of the planning process may also be described in the oral presentation. |
| Works Cited/Bibliography | Use an organized, consistent format to cite all references in alphabetical order. Resources should be reliable and current. |

**Demonstration** The oral presentation may be up to 15 minutes in length and is delivered to evaluators and spectators. Participants need to show, not just tell, how an activity, event or project is done. Audience participation may be used to complete the task. The presentation should be geared for a moving audience, such as an audience passing by in a mall or an interactive audience setting like a county fair.

|  |  |
| --- | --- |
| Choice of Topic | Task is suited to the interactive demonstration, interesting and appropriate visuals and tools |
| Organization | Deliver demonstration in an organized, sequential manner; concisely and thoroughly summarize project. |
| Ability to Demonstrate Activity | Teach an event, activity or project that is hands-on an audience. Participants are evaluated on the teaching of the activity, not the final project. |
| Connect to Family and Consumer Science | Indicate how this information or activity can improve or relates to personal development, peer relationships, community and/or family life. |
| Reflects Purposes of FCCLA | Explain how project reflects the purposes of FCCLA. |
| Summary | Summarize major points of activity. |
| Voice | Speak clearly with appropriate pitch, tempo and volume. |
| Body Language | Use appropriate body language including gestures, posture, mannerisms, eye contact and appropriate handling of notes or note cards if used. |
| Grammar and Pronunciation | Use proper grammar and pronunciation. |
| Responses to Evaluators' Questions | Provide clear and concise answers to evaluators' questions regarding subject matter. Questions are asked after the presentation. |

**Visual Aids** Participants may use any combination of props, materials, supplies and/or equipment to demonstrate how to carry out project. If audio is used, it is limited to a one-minute playing time.

|  |  |
| --- | --- |
| Effectively Illustrate Content | Support, illustrate and/or complement content of presentation. |
| Appearance | Presentation aids must be visible to audience, neat, legible and creative. Must use correct grammar and spelling. |

**Event 6 Show Me Evaluation**

Name of participant: Chapter:

Category: \_\_\_\_ Junior \_\_\_\_ Senior \_\_\_Occupational

**Instructions:** Check the appropriate box for rating. Make comments to help participants identify their strengths and areas for improvement. Use the back of the sheet if necessary.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Evaluation Criteria** | **Poor** | **Fair** | **Good** | **Very****Good** | **Excellent** |  |
| **FILE FOLDER (20 %)** |
| Project Identification Page contains required information | 0,1 | 2 | 3 | 4 | 5 |  |
| FCCLA Planning Process Summary | 0,1,2 | 3,4 | 5,6 | 7,8 | 9,10 |  |
| Work Cited/Bibliography | 0,1 | 2 | 3 | 4 | 5 |  |
| **ORAL PRESENTATION (65%)** |
| Choice of topic InterestingSuitable to demonstrate | 0,1 | 2 | 3 | 4 | 5 |  |
| Organization-thoroughly summarizes tasks,Information is sequential or in an order |  0,1 0,1 |  2 2 |  3 3 |  4 4 | 5 5 |  |
| Ability to Demonstrate ActivityEquipment or visuals are appropriate | 0,1 0,1 | 2 2 | 3 3 | 4 4 | 5 5 |  |
| Connection to Family and Consumer Science | 0,1 | 2 | 3 | 4 | 5 |  |
| Reflects FCCLA PurposesExplains how it relates to the purposes of FCCLA | 0,1,2 | 3,4 | 5,6 | 7,8 | 9,10 |  |
| Summary | 0,1 | 2 | 3 | 4 | 5 |  |
| Voice | 0,1 | 2 | 3 | 4 | 5 |  |
| Body Language | 0,1 | 2 | 3 | 4 | 5 |  |
| Grammar and Pronunciation | 0,1, | 2 | 3 | 4 | 5 |  |
| Response to Questions | 0,1 | 2 | 3 | 4 | 5 |  |
| **VISUAL AIDS (15%)** |
| Effectively Illustrate Content | 0,1,2 | 3,4 | 5,6 | 7,8 | 9,10 |  |
| Appearance | 0,1, | 2 | 3 | 4 | 5 |  |

**Total Score:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Average of Judges:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**State rating:**

\_\_\_\_\_ 85-100 Gold

\_\_\_\_\_ 84.99-70 Silver

\_\_\_\_\_ 0-69.99 Bronze

**Area level:**

State Advancer: \_\_\_\_Yes \_\_\_\_\_No

50 points or higher

Merit award: \_\_\_\_ Less than 50 points