**Press Release for 2017 FCCLA Shadow Day at the State Capitol**

**For Immediate Release** Contact: Your Name and Title

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**Local Students Attend Legislative Shadow Day**

Students from \_\_\_(high school name)\_\_\_\_\_\_\_\_\_ attended the Minnesota Family, Career, and Community Leaders of America Shadow Day at the State Capitol and Department of Education on February 1, 2017

During the day, members attended training workshops and then met legislators and observed state government in action with committee hearings, talking with policy makers and observing the work of careers in state government.

FCCLA promotes personal growth and leadership development through family and consumer sciences education, focusing on the multiple roles of family member, wage earner and community leader. Members develop skills for life through character development, creative and critical thinking, interpersonal communications, practical knowledge, and career and technical preparation. Through FCCLA, members are given opportunities for personal development and preparation for adult life.

\_\_\_\_\_\_\_\_\_from (FCCLA Chapter) shadowed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_legislator for a portion of the day on February 1. The students also met with Career and Technical staff at the Department of Education prior to going to the state capitol. MN FCCLA encourages students to learn about careers through this event. The opportunity to speak about their projects and advocate for their opportunities in a career and technical education student organization are valuable life-long skills.

Minnesota FCCLA is a dynamic and effective student organization that helps young men and young women to become leaders and address important personal, family work and societal issues through family and consumer sciences education.

For more information contact: (yourname) email and phone.