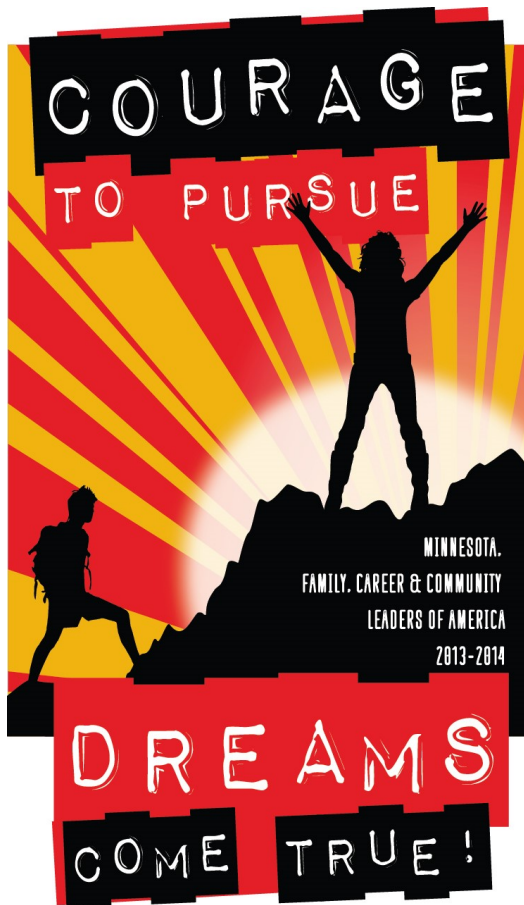


# Awesome Youth Leadership Event! 2014 Minnesota FCCLA State Conference!

2014 State Conference

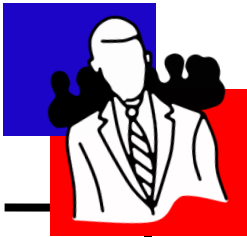


## 2014 Minnesota FCCLA State Conference

April 10th-12th, 2014

With the State Conference just weeks ahead, the Minnesota State Officers are busy working and planning to make the 2014 State Conference the best yet, utilizing their courage to make your dreams for the 2014 State Conference come true!

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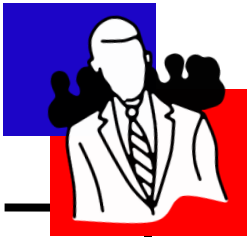
# Keynote Speaker Sam Glenn

By Ethan Dressen

Sam Glen's wisdom and successes come from many years of experience. Sam lost his very successful business due to fire, he would become depressed and homeless within a few hours. It was a chance encounter that he would meet Zig Ziglar. Zig would eventually give Sam a "Kick in the Attitude." It was a gift that changed his attitude - and life - for the better. Within two years, Sam went from sleeping on the floor, to achieving dreams he once thought impossible. Sam's ability to pull positivity out of adversity, has led him to become the leading voice on the topic of attitude as it relates to being a leader, dealing with change, cultivating a culture of engagement, improving customer service, and improving your personal and professional development. Over the years, Sam Glenn has been the "go-to" resource for hundreds of organizations who value positive people, engaged in positive action. Sam's energetic, and often humorous, programs engage, equip and empower audiences with an attitude recharge that will improve performance in their professional, as well as personal, lives. His eye-opening presentations will leave you with practical strategies allowing you to embrace a new outlook on the way you interact with co-workers, clients, customers, family, and friends alike.



Keynote Speaker



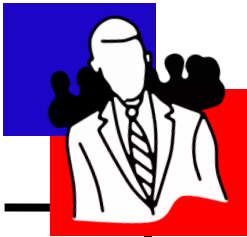
# Keynote Speaker Evelyn Vonn Banks

By Ethan Dressen

In 2005, Evelyn “Vonn” Banks was interviewed for a higher position in the service, and the response to this interview left her astounded. They told her that her resume was outstanding, but she was not hired for the job because she didn’t have any education other than a high-school degree. In most cases this response would hinder most individuals... but not Evelyn Banks. She turned rejection into a motivator that would help her become the United States Navy Master Chief. As the Minnesota FCCLA State Officers stood on the steps on the Lincoln Memorial we listened intently to Evelyn Banks speak about her experiences in the Navy and how she personally aided three presidents. Minnesota FCCLA is more that lucky to have such a great speaker at the State Conference.



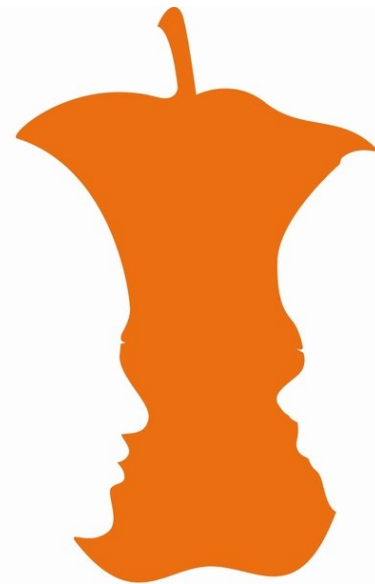
Keynote Speaker



# Push Back Curfew for a Cause!

By Breann Hogie

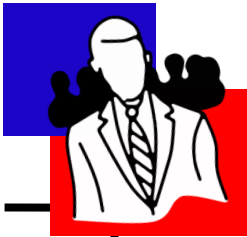
It's Friday night of FCCLA State Conference... it's been 2 days of STAR Events, sessions, speakers, and finally you got to party it up at the Academy Awards Dance! But it seems like it's over so soon. Don't worry... The fun doesn't have to stop there! This year at state conference we are **Pushing Back Curfew for a Cause!** As our signature Global Youth Service Day Event, the MN State Officers have organized an event to raise money for the Share our Strength: No Kid Hungry campaign as well as another Minnesota based charity while still having a great time.



From 11:30 pm-12:30 am, following the dance, the Ballroom will be the exclusive hot spot for all the VIP members to hang out. So, how do you get to be one of the VIP members? Either preregister for the **Fast Pass** or pay at the door to receive a wristband giving you the privilege to attend the Bedtime Ballroom **NO KID HUNGRY** Bash! And be sure to bring a pillow, blanket, and hey... Maybe even a Snuggie to cuddle up in! This has never been done before, so be a part of history in the making. Everyone who is anyone will be there. **As a reminder-** All those choosing **not** to attend the special GYSD Event must be in their rooms at the **standard curfew time-** 11:30 pm. Help out our National Outreach Project- No Kid Hungry by attending the coolest event to hit our State Conference in years!

SHAREOUR  
STRENGTH®





## Start YOUR Chain Reaction!

By Kaija Kottke

Last year, Minnesota FCCLA heard a powerful speech from Craig Scott, Rachel Scott's brother, about how Rachel changed the world with her words even though she was the first to be killed in the Columbine High School shooting. His message was so powerful, but many of you may find yourself thinking, "Can I really do what Rachel did? There is no way I can do what she did!" But you can! Olivia Wicklund, National FCCLA Vice President of Competitive Events, has been inspired by the words of Rachel Scott. She has been working with Rachel's Challenge for years and is here to help you start YOUR chain reactions of kindness. Olivia will give you helpful tips on how to do the small things that in return will help change the lives of others! Like Rachel said, "I have this theory that if one person can go out of their way to show compassion, then it will start a chain reaction of the same. People will never know how far a little kindness can go." Small steps can turn into bigger ones. Those steps can help you change your school and community! Join Olivia on Friday April 11<sup>th</sup>, in the Grand Ballroom to get motivated and discover how to start YOUR chain reaction of kindness!



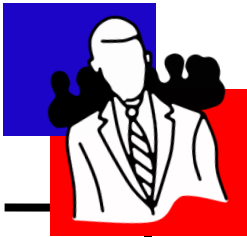
Trainings at State

## Self Defense Trainer

By Kaija Kottke



It's better to be prepared for all situations, then not be prepared and have your life at risk! Come learn about different aspect of self-defense with Jenifer Hildreth! Jennifer Hildreth is a certificated Self-Defense Trainer who will be at the 2014 Minnesota FCCLA State Conference to teach the basics of self defense and confidence about protecting yourself. By going through this training, you will become empowered in your everyday life to be strong and understand your potential!



## Distracted Driving Summit

By Marissa Kunerth & Sammy Jo Severance

National Organizations for Youth Safety (NOYS) is partnering with Minnesota FCCLA to bring you a Distracted Driving Summit that will change your life forever! You will have the opportunity to hear about striking and heartbreaking stories from people who were directly effected by distracted driving. Reggie Shaw and Santiana will be featured at this summit as panel speakers. Following this panel of two speakers and hearing their stories, there will be a brief time for Q&A. Just outside the ballroom, there will be distracted driving exhibits for you to experience and there will be an opportunity for you to take the pledge to never text and drive! You won't want to miss this truly moving Distracted Driving Summit.



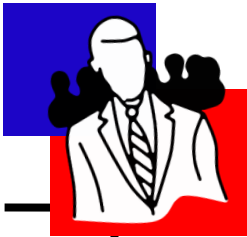
## Chapter Leader's Trainings

By Lauren Starkson

This year there is something new at State: Continued Chapter Trainings! Amazing themes and fun activities will be interactive and fast paced! Members will have fun while learning lots of important information about FCCLA! The State Officer Team will conduct these trainings sessions to keep chapters engaged and developing leadership skills. At the New Chapter Training, members will learn about how to use National Programs, resources, STAR Events, officer roles, chapter fun ideas, and developing community and school support for FCCLA. The Experienced Chapter members will learn new ideas for chapter recognition, fundraising, public relations, fun activities, and how to build strong officer teams. No matter what session members attend, they are sure to have fun while learning new ideas to bring back to their chapter!



Trainings at State



## Silent Auction

By Rick Osborne

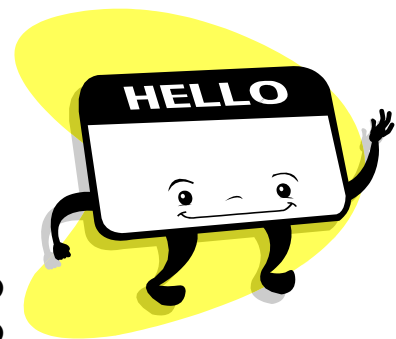
Are you ready for the 2014 State Conference? And how about the Silent Auction? This year's State Conference is going to be one to remember. The annual Silent Auction is returning and we hope to raise over \$1,200 to help MN FCCLA effort. In the silent auction room, you will find some awesome items like college t-shirts, signed memorabilia, posters, tickets for productions, and so much more! You will be amazed to see the generous donations made to MN FCCLA. Plan ahead, bring your money, and get ready to bid on some awesome items! This year, each region is donating a basket that will truly be amazing. We're encouraging every chapter to donate a basket to the Silent Auction as well. Just think how many baskets we will have if each chapter donates one! Stay tuned for more information coming to your advisor about donating a basket. On behalf of the State Executive Council and MN FCCLA Staff, we look forward to another wonderful Silent Auction.



## Exhibits

By Rick Osborne

Have you ever wanted the chance to talk to college representatives or local fundraisers to help your FCCLA chapter? This year, the State Executive Council has been very busy choosing some awesome exhibits! Some exhibits that might interest you are colleges, fundraisers, and sponsorship booths. We are even going to have exhibits for teachers to get resources for their classrooms. You will find all the exhibits in the Ballroom Foyer. Come and check out all the awesome exhibits at the 2014 Minnesota FCCLA State Conference!





# Chapter Spotlight!

## Chapter Spotlight

### West Central Area FCCLA- "Promote and Publicize FCCLA"

Maddisen L. and Morgan R., 7th graders from WCA FCCLA, have been busy promoting their chapter through the Promote and Publicize FCCLA STAR Event! From encouraging peers to come to FCCLA parties and hanging up FCCLA locker posters to talking to the 6th grade classrooms about how FCCLA truly is the ultimate leadership experience. Getting the word about WCA FCCLA has been a great experience for these two new FCCLA members!

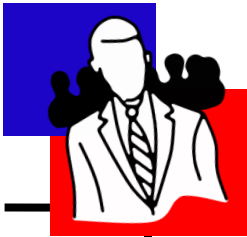


### Lake Park Audobon- "Santa for Seniors"

Two seventh grade students from the Lake Park FCCLA chapter packed goodies in snowmen bags and delivered them to the senior housing units in Lake Park just prior to their holiday break. Bailey O. and Shayla H. carefully selected items, and packaged them with the seniors in mind. Included in the bags were apple cider and hot chocolate packets, peppermints, chocolates, and a holiday greeting. The members took time to visit each senior that was home and wish them a happy holiday!







## Chapter Spotlight

By Sammy Jo Severance

Hey FCCLA Chapters across the state, is your chapter planning a totally awesome beginning of the year membership party? Are you putting on a spectacular fundraiser for a National Outreach Project? Do you have an out-of-this-world Service Project being held by your local FCCLA chapter? Minnesota FCCLA want to know about your amazing FCCLA happenings and would love feature your projects in Minnesota Horizon! To be apart of the Minnesota Horizon's Chapter Spotlight, please email a picture of your chapter's project and a short paragraph to the Minnesota FCCLA State Office:

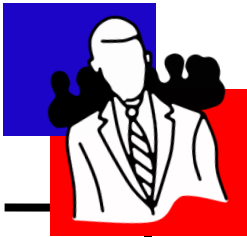
**wendy.ambrose@state.mn.us**

## "How do I apply for Teen Times?"

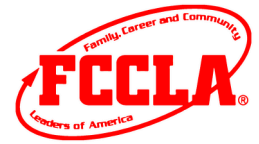
By Sammy Jo Severance

Have you ever wondered how you can get one of your FCCLA projects featured in the National FCCLA Publication, the Teen Times? Well, it is actually pretty simple! All articles and pictures you want to submit to Teen Times can be sent to **inbox@fcclainc.org**! If you would like to learn more information about Teen Times, visit the National FCCLA website, [fcclainc.org](http://fcclainc.org), scroll over to News & Media, and click on the Teen Times button! Take advantage of this opportunity to share your FCCLA projects nationally!





Minnesota Family, Career and  
Community Leaders of America  
**The Horizon** February 2014



FCCLA Event Calendar

**Upcoming FCCLA Events**

March 4th

**Shadow Day**

St. Paul, MN

April 10th-12th

**MN FCCLA 2014 State  
Conference**

Bloomington, MN

July 5-11

**San Antonio-National  
FCCLA Conference**

San Antonio, Texas

**Minnesota FCCLA Challenges YOU!**

With the school year just around the corner and coming into full swing, Minnesota FCCLA challenges you to participate in the **7-Up Challenge!** All you have to do is increase the membership in your chapter by 7 people from the last year, or have 33.3% of your student body involved in FCCLA, and you will be invited to attend the 7-Up Highlighter Party at State Conference! Let the Membership Madness begin!

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**@MNFCLA**



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on Facebook!**