



Reality Check!

Things to know about Family and Consumer Sciences Education

What is FACS?

- Family and Consumer Sciences (FCS or FACS) is the comprehensive body of skills, research, and knowledge that helps people make informed decisions about their well-being, relationships, and resources to achieve optimal quality of life.



Myth: "FACS is an easy class to take."

Myth: "FACS is just a cooking and sewing class."

Myth: "Not any colleges offer FACS programs"

Myth: "College is too expensive"

Myth: "You wont be able to find a job in FACS Edu."

Myth: "This is not academically rigorous"

Myth: "I wont use these skills in my daily life"